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Title: Skills and Practice in Sport  
Status: Definitive  
Code: **3001SPS** (127740)  
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences  
Teaching School/Faculty: Business and Management

Team	Leader
Victoria Boyd	Y

**Academic Level:** FHEQ3      **Credit Value:** 20      **Total Delivered Hours:** 40  
**Total Learning Hours:** 200      **Private Study:** 160

### Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Online	5
Practical	15
Workshop	20

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS1	Portfolio (equivalent to 4500 words)	100	

### Aims

*The module is designed to promote the concept of the autonomous learner, and aims to provide an effective platform to examine the concepts of employability and enterprise across a range of organisations. This foundation module will support students to develop study skills and will inform the student's appreciation and understanding of their chosen career pathway.*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Describe how the concepts of employability and enterprise apply to personal and professional development.
- 2 Develop and demonstrate professional knowledge and skills in a sport and nutrition context.
- 3 Produce a portfolio using the appropriate academic style and content.

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Portfolio	1	2	3
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## **Outline Syllabus**

*Concepts of employability and enterprise*

*Organisational types and end user experiences*

*Personal and professional development*

*Reflection and self-awareness*

*Development of study skills (Library, IT, Time management, Team work)*

## **Learning Activities**

Workshops

Practical activities

Online learning

## **Notes**

This module is part of the School of Sport and Exercise Science Foundation Year and is one of two modules that is part of the Skills, Practice and Project strand.