

Liverpool John Moores University

Title: Projects in Sport, Physical Education and Nutrition
Status: Definitive
Code: **3001SSLN** (126168)
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences
Teaching School/Faculty: Sport and Exercise Sciences

Team	Leader
Colin Lewis	Y
Kelly Massey	

Academic Level: FHEQ3 **Credit Value:** 20 **Total Delivered Hours:** 40

Total Learning Hours: 200 **Private Study:** 160

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Online	5
Practical	10
Seminar	5
Workshop	20

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Practice	AS1	Practice	20	
Artefacts	AS2	Artefacts (4,000 word equivalent)	80	

Aims

The aim of this module is for students to work in cross-subject groups to explore and create solutions to specific issues in Sport, PE and Nutrition. There will be a focus on practical knowledge and skills in relation to sport, PE and nutrition and this will be

translated into the assignment tasks.

Learning Outcomes

After completing the module the student should be able to:

- 1 Explore and create solutions to specific issues in sport, PE and nutrition.
- 2 Illustrate knowledge of sport, physical education and nutrition through applied practice.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Practice	1	2
Artefacts	1	2

Outline Syllabus

Practical activities related to sport, physical education and nutrition
Communicating ideas
Exploring ideas
Designing solutions
Delivery and practical implementation

Learning Activities

Workshops
Practicals
Seminars
Online learning

Notes

This module will support the transition into university and students will work across the subject groups of sport, physical education and nutrition to develop their knowledge, skills and understanding. There will be a specific focus on practical activities and solution-focused thinking.