

## Liverpool John Moores University

Title: Dance  
Status: Definitive  
Code: **3003IAB** (120548)  
Version Start Date: 01-08-2016

Owning School/Faculty: Sports Studies, Leisure and Nutrition  
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
Philip Vickerman	

**Academic Level:** FHEQ3      **Credit Value:** 60      **Total Delivered Hours:** 402  
**Total Learning Hours:** 600      **Private Study:** 198

### Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Tutorial	6
Workshop	396

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Presentation	AS1	Dance Studio Performance (Ballet and Cont)	20	
Presentation	AS2	Dance Studio Performance (Jazz / Street)	20	
Presentation	AS3	Dance Studio Performance (Ballet and Cont)	20	
Presentation	AS4	Dance Studio Performance (Jazz / Street)	20	
Report	AS5	Report / Evaluation +course assessment of Studio Protocol	20	

### Aims

*The core aims of the module is to provide the student with the dance skills and*

*knowledge to allow them to progress on to further advanced training or (very exceptionally) entry in the dance profession.*

*To do this the module aims to provide the student with the technical and creative dance skills across the principle dance forms of*

- *Ballet*
- *Contemporary Dance*
- *Jazz and Theatre Dance*
- *Street and Commercial Dance*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Demonstrate high level working practices associated with dance class and practice (Time keeping, preparation, concentration, consideration, self-discipline, interpersonal skills, consistency etc)
- 2 Demonstrate the core physical and technical skills of a dancer (Physical alignment, placement, control, balance, centredness, phrasing, timing and synchronisation (see syllabus)
- 3 Demonstrate understanding, creativity, sensitivity and appropriate application of technical skill in a performance context
- 4 Demonstrate a practical understanding of the core physical and stylistic skills of Contemporary dance technique both in class settings and in performance
- 5 Demonstrate a practical understanding of the core physical and stylistic skills of Ballet technique both in class setting and in performance
- 6 Demonstrate a practical understanding of the core physical and stylistic skills of Jazz and Theatre dance techniques both in class setting and in performance
- 7 Demonstrate a practical understanding of the core physical and stylistic skills in, and conceptual / creative understanding of, street and commercial dance technique both in class setting and in performance

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Pres 1	2	3	4	5
Pres 2	2	3	6	7
Pres 3	2	3	4	5
Pres 4	2	3	6	7
Report	1			

## **Outline Syllabus**

*The module is concerned with the development in the students of a broad first phase professional level of skills and expertise in dance technique across the principle dance forms of;*

- Ballet
- Contemporary Dance
- Jazz and Theatre Dance
- Street and Commercial Dance

*Across all dance techniques the unit will explore the core skills of a dancer*

- Physical alignment and placement
- Control, balance and centredness
- Phrasing, timing and synchronisation
- Precision, articulation and expression
- Elasticity, suppleness, fluidity, precision
- Use of time, weight and space;
- Use of momentum and flow;
- Projection and style;
- Movement memory
- Musicality

#### *Ballet*

*Whilst not specifically training ballet dancers, skills in ballet are seen as core to the development of all dance techniques. Barre work, centre work and travelling steps will refine fluidity, precision and clarity of movement through an emphasis on placement, alignment and posture. Combinations will develop from simple to more complex throughout the year. The students will demonstrate performance advancement through solo variations and group work.*

#### *Contemporary Dance*

*Contemporary dance classes will explore the fundamental American modern dance styles of Graham, Limon and Cunningham. Classes will concentrate on developing an understanding of free flowing, abstract and concentric movements through centre work, floor work and travelling sequences. Students will learn the principles of centring, gravity, spatial awareness and momentum. Improvisational techniques will be introduced to enhance spontaneity and creativity. Combinations and tasks will progressively become more complex as the unit develops.*

#### *Jazz and Stage Dance*

*Jazz dance technique classes will be based on Luigi, Horton, Mattox and Fosse styles. The teaching will focus on developing rhythmic dynamism, isolation control and highly energetic performance qualities associated with commercial and concert Jazz dance. Tap classes will explore American rhythm tap and Musical theatre styles with a concentration on musicality. Musical theatre repertoire will be learnt to integrate these skills into performance (using material developed in the voice and singing module.)*

#### *Street and Commercial Dance*

*Street and Urban dance will be explored through the commercial styles of Hip Hop, street dance, breakdance, electric boogaloo, crumping, popping and locking. The teaching will focus on developing a high-energy performance. Improvisational techniques will be explored to encourage students to develop a personal style.*

## **Learning Activities**

All dance classes will commence with warm-up exercises and conclude with cool down exercises. Typically classes will be made up of structured dance exercises (barre work, floor works, short dance sequences etc) which develop specific disciplinary skills. As the unit develops students will develop performance pieces which will form a substantial element of their assessment and an holistic understanding of dance. Throughout the unit students will be asked to evaluate their own skills, knowledge and understand of dance and explore their own physicality in relation to it. It is expected that students will develop their own fitness regime outside of class time to support their dance practice.

## **Notes**

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