

Module Information

2022.01, Approved

Summary Information

Module Code	3003SPS
Formal Module Title	Practical Delivery in Sport and Physical Activity
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 3
Grading Schema	40

Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

Learning Methods

Learning Method Type	Hours
Lecture	8
Online	8
Practical	8
Seminar	16

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-CTY	CTY	September	12 Weeks

Aims and Outcomes

Aims	The module aims to support students in developing the knowledge, skills and understanding regarding delivery of safe and effective physical activities. In addition, the required leadership skills will be explored and developed.
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Identify and explain the components that contribute to running a safe and effective physical activity session.
MLO2	2	Deliver a safe and effective physical activity session informed by evidence.

Module Content

Outline Syllabus	Planning: Planning and organising sessions; Addressing Safety; Understanding different settings; Meeting the needs of the participants Delivery Skills: Leadership; Communication; Observation and Feedback; Explaining and demonstrating. Session Outcomes: Putting learning objectives at the heart of the content that supports physiological, psycho-social and cognitive development; Warm ups: their purpose; Foundational movement skills; Games and Fun; Progressing and differentiating activities.
Module Overview	
Additional Information	This module is part of the School of Sport and Exercise Science Foundation Year and is the module that provides the Teaching and Coaching element of the programme.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Portfolio	Portfolio	50	0	MLO1
Presentation	VLOG of Practical Delivery	50	0	MLO2

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Danny Cullinane	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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