

Liverpool John Moores University

Title: Sport, Physical Education and Nutrition in Practice
Status: Definitive
Code: **3004SSLN** (126171)
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences
Teaching School/Faculty: Sport and Exercise Sciences

Team	Leader
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Track Dinning	
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Academic Level: FHEQ3 **Credit Value:** 20 **Total Delivered Hours:** 40

Total Learning Hours: 200 **Private Study:** 160

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Online	5
Practical	15
Workshop	20

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS1	Portfolio (equivalent to 4500 words)	100	

Aims

The module is designed to promote the concept of the autonomous learner, and aims to provide an effective platform to examine the concepts of employability and enterprise across a range of organisations. This foundation module, with its focus on management and professionalism, will inform the student's appreciation and

understanding of their chosen career pathway.

Learning Outcomes

After completing the module the student should be able to:

- 1 Describe how the concepts of employability and enterprise apply to personal and professional development.
- 2 Develop and demonstrate professional knowledge in sport, physical education and nutrition areas.
- 3 Produce a portfolio using the appropriate academic style and content.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Portfolio	1	2	3
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Outline Syllabus

Concepts of employability and enterprise
Organisational types and end user experiences
Personal and professional development
Reflection and self-awareness

Learning Activities

Workshops
Practical activities and field trips
Online learning

Notes

This module continues the personal development learning from 3002SSLN. The learning will be both practical and theoretical and facilitated through a range of work related activity that promotes emotional, intellectual and vocational development.