

# Physical Education Practice 1

## Module Information

2022.01, Approved

### Summary Information

Module Code	3501YAUPE
Formal Module Title	Physical Education Practice 1
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 3
Grading Schema	40

### Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

### Partner Teaching Institution

Institution Name
Yunnan Agricultural University

### Learning Methods

Learning Method Type	Hours
Practical	60

### Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	12 Weeks

### Aims and Outcomes

Aims	The module aims to develop the students' understanding of the practical aspect of physical education with particular reference to track and field and gymnastics, as well as football as the core component. Upon completion of this module, students will develop greater understanding of the how to perform skills and actions. They will not only be able to demonstrate these skills but teach others. This is in line with the physical education curriculum in China and the requirements of the Ministry of Education.
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**After completing the module the student should be able to:**

### Learning Outcomes

Code	Number	Description
MLO1	1	Explain how to perform a range of basic skills related to various sports including football, track and field, and gymnastics in line with the requirements of the MoE in China for physical education.
MLO2	2	Physically perform a range of basic skills related to various sports including football, track and field, and gymnastics in line with the requirements of the MoE in China for physical education.

### Module Content

Outline Syllabus	Teaching and learning methods will predominantly include practical sessions (indoor and outdoor). The taught component of the module explores a range of sports related skills. practicing sport and physical education. Specific examples of the sports to be explored include:1. Football - Basic skills such as those required to deliver physical education (in line with the MoE) including passing, dribbling, shooting as well as a general understanding of the rules of the game.2. Track and field - Basic events such as those required to deliver physical education (in line with the MoE) including running (short, middle, long distance), jumping (high/long/triple jumps) and throwing (hammer, javelin, shot-put).3. Gymnastics - Basic skills such as those required to deliver primary physical education (in line with the MoE) such as rolls, cartwheel and handstand.
Module Overview	
Additional Information	This module is designed to introduce students to a number of skills and sports in physical education. The module will be evaluated by the completion of appropriate assessment tasks. This module will incorporate support strategies in an attempt to ensure student progression. This will include feed forward and feedback on assessment and personal tutorial support.

### Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Practice	Practice - Football	40	0	MLO1, MLO2
Practice	Practice - Track and Field	30	1	MLO1, MLO2
Practice	Practice - Gymnastics	30	0	MLO1, MLO2

### Module Contacts

#### Module Leader

Contact Name	Applies to all offerings	Offerings
Matthew Andrew	Yes	N/A

#### Partner Module Team

Contact Name	Applies to all offerings	Offerings
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