

Liverpool John Moores University

Title: Sport Related Theory 1
Status: Definitive
Code: **3502YAUPE** (127903)
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences
Teaching School/Faculty: Yunnan Agricultural University

Team	Leader
Matthew Andrew	Y

Academic Level: FHEQ3 **Credit Value:** 20 **Total Delivered Hours:** 40
Total Learning Hours: 200 **Private Study:** 160

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	40

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	Essay	Essay related to the sports generality and theory with links to physical education.	35	
Essay	Essay	Essay related to physical training theory and methods with links to physical education.	35	
Essay	Essay	Essay related to the sociology of sports and theory with links to physical education.	30	

Aims

This module is designed to provide students the opportunity to develop an understanding of the theory of physical education, with particular reference to sports generality, physical training theory and methods, as well as sociology of sports. In

order to fulfil the requirements of the Ministry of Education in China, students must have understanding of these wider theories and their links to physical education. Upon completion of this module, students will understand the background theory as well as how to apply these to their teaching of physical education.

Learning Outcomes

After completing the module the student should be able to:

- 1 Describe key components of sports generality and the underlying theory/theories that are linked to physical education and is needed to meet the requirements of the MoE in China for physical education.
- 2 Describe the different physical training methods and the underlying theory to each, linking them to physical education and is needed to meet the requirements of the MoE in China for physical education.
- 3 Describe key components of sociology of sports and the underlying theory/theories that are linked to physical education and is needed to meet the requirements of the MoE in China for physical education.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Generality Essay	1
Training Essay	2
Sociology Essay	3

Outline Syllabus

Teaching and learning methods will predominantly include lectures. The taught component of the module explores a range of theoretical issues surrounding physical education. Specific examples of the sports to be explored include:

- 1. Sports generality – underlying theory to sport and its links to physical education, how it can be incorporated into current practice and teaching.*
- 2. Physical training theory and methods – underlying various physical training methods and the theories that underpin them, how these methods can be delivered within physical education.*
- 3. Sociology of sports- underlying sociological theories to sport and how they can be incorporated into teaching of physical education.*

Learning Activities

Students are expected to attend time-tabled lectures and are encouraged to utilise

the available directed learning/private study time to get advice from module staff and/or conduct essential reading. During the lectures and seminar sessions they are expected to engage with and contribute to the learning environment through discussion and practice (in various physical education contexts). Some of the teaching sessions may contain group work where students will be required to communicate and work as a team with others to enhance their own learning. Students should complete any required and recommended reading to widen their knowledge and understanding. Students will be required to evidence this during their essay assessments and any teaching they may conduct.

Notes

This module is designed to introduce students to a of wider theoretical aspects of education that can be linked to physical education. The module will be evaluated by the completion of appropriate assessment tasks. This module will incorporate support strategies in an attempt to ensure student progression. This will include feed forward and feedback on assessment and personal tutorial support.