

# **Sport Related Theory 1**

# **Module Information**

2022.01, Approved

# **Summary Information**

Module Code	3502YAUPE
Formal Module Title	Sport Related Theory 1
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 3
Grading Schema	40

#### Teaching Responsibility

LJMU Schools involved in Delivery	
LJMU Partner Taught	

#### Partner Teaching Institution

Institution Name	
Yunnan Agricultural University	

# **Learning Methods**

Learning Method Type	Hours
Lecture	40

# Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	12 Weeks

### **Aims and Outcomes**

Aims

This module is designed to provide students the opportunity to develop an understanding of the theory of physical education, with particular reference to sports generality, physical training theory and methods, as well as sociology of sports. In order to fulfil the requirements of the Ministry of Education in China, students must have understanding of these wider theories and their links to physical education. Upon completion of this module, students will understand the background theory as well as how to apply these to their teaching of physical education.

#### After completing the module the student should be able to:

#### Learning Outcomes

Code	Number	Description
MLO1	1	Describe key components of sports generality and the underlying theory/theories that are linked to physical education and is needed to meet the requirements of the MoE in China for physical education.
MLO2	2	Describe the different physical training methods and the underlying theory to each, linking them to physical education and is needed to meet the requirements of the MoE in China for physical education.
MLO3	3	Describe key components of sociology of sports and the underlying theory/theories that are linked to physical education and is needed to meet the requirements of the MoE in China for physical education.

# **Module Content**

Outline Syllabus	Teaching and learning methods will predominantly include lectures. The taught component of the module explores a range of theoretical issues surrounding physical education. Specific examples of the sports to be explored include:1. Sports generality – underlying theory to sport and its links to physical education, how it can be incorporated into current practice and teaching.2. Physical training theory and methods – underlying various physical training methods and the theories that underpin them, how these methods can be delivered within physical education.3. Sociology of sports- underlying sociological theories to sport and how they can be incorporated into teaching of physical education.
Module Overview	
Additional Information	This module is designed to introduce students to a of wider theoretical aspects of education that can be linked to physical education. The module will be evaluated by the completion of appropriate assessment tasks. This module will incorporate support strategies in an attempt to ensure student progression. This will include feed forward and feedback on assessment and personal tutorial support.

# Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Artefacts	Generality Essay	35	0	MLO1
Artefacts	Training Essay	35	0	MLO2
Essay	Sociology Essay	30	0	MLO3

# **Module Contacts**

#### Module Leader

Matthew Andrew	Yes	N/A
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#### Partner Module Team

Contact Name	Applies to all offerings	Offerings
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