

Liverpool John Moores University

Title: Dance Fundamentals
Status: Definitive
Code: **3530FDAN** (124162)
Version Start Date: 01-08-2021

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Liverpool Institute for Performing Arts

Team	Leader
Lisa Parsons	

Academic Level: FHEQ3
Credit Value: 40
Total Delivered Hours: 300
Total Learning Hours: 400
Private Study: 100

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Practical	300

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Practice	Practical	Practical Class Assessment	100	

Aims

The Dance Fundamentals module aims to provide students with a strong foundation in dance performance technique across a range of styles and choreographic approaches. This includes Ballet, Jazz, Contemporary, Tap, and Commercial Styles

Learning Outcomes

After completing the module the student should be able to:

- 1 Apply and engage the body correctly in the fundamental practice of Ballet, Contemporary, Jazz, Commercial, and Tap techniques.
- 2 Engage in strengthening practice to enhance correct posture and physical control.
- 3 Exhibit a fundamental understanding of musical expression, rhythm, and dynamics.
- 4 Adopt methods for strengthening pick up skills and choreographic retention.
- 5 Demonstrate confidence in presenting a professional attitude towards class.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Practical Class	1	2	3	4	5
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Outline Syllabus

This module will enable students to explore and develop the fundamentals required within the following techniques: Ballet, Contemporary, Jazz, Tap and Commercial Dance Styles.

This will encourage and aid the students to access this via the following fundamental areas:

Posture, alignment, weight placement and core stability.

The ability to access correct use of muscles required for specific techniques.

Flexibility, Co-ordination and strength.

Musicality and awareness of timing, phrasing and dynamic variation.

Performance and artistic expression.

The module will be delivered primarily through a series of structured dance classes focusing on dance technique at the centre of the module.

Learning Activities

Practical classes and workshops

Independent Study

Notes

Sarah E Baker is the Module Leader (s.baker@lipa.ac.uk)