Liverpool John Moores University

Title: COMMUNICATION FOR WELL BEING AND HEALTH

Status: Definitive

Code: **4000BACFP** (100387)

Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health Teaching School/Faculty: Nursing and Allied Health

Team	Leader
Deborah Knott	Y
Peter Graham	
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Academic Credit Total

Level: FHEQ4 Value: 24.00 Delivered 33.00

Hours:

Total Private

Learning 240 Study: 207

Hours:

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	15.000
Workshop	18.000

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	3,000 word reflective assignment of a video relating to communication skills promoting health and well-being.	100.0	

Aims

To develop an understanding of the factors which influence the promotion of health across a range of settings.

Learning Outcomes

After completing the module the student should be able to:

- Demonstrate the underpinning values of the NMC Code of Professional Conduct: standards for conduct, performance and ethics
- 2 Utilises a range of effective communication skills including an awareness of environmental factors
- Identify the factors that can affect the communication skills, abilities and development of individuals
- 4 Describe the effects of culture on communication
- 5 Identify the theories that inform and enhance understanding of communication
- 6 Demonstrate the ability to initiate and maintain communication in the promotion of a therapeutic relationship

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

ESSAY 1 2 3 4 5 6

Outline Syllabus

Verbal and non-verbal communication. Emotional and psychological responses that impact upon effective communication. The role of the environment in maximising communication. Self-awareness. The role of communication in establishing and maintaining therapeutic relationships. Culture and diversity. Advocacy. Resources and environment to enable effective communication. Barriers to communication. Discrimination and anti-discriminatory practice. De-escalation. The effective use of interpersonal and basic counselling skills.

Learning Activities

Lectures, group tutorials, group work, experiential learning, skills practice. The total university delivery time is 60 hours, the students are also allocated 66 nominal practice hours.

References

Course Material	Book
Author	Arnold, E. and Underman-Boggs, K.
Publishing Year	2003
Title	Interpersonal relationships: Professional Communication Skills for Nurses.
Subtitle	
Edition	4th Edition.

Publisher	USA: Elsevier Science Ltd.
ISBN	

Course Material	Book
Author	Ellis, R. B., Gates, B. and Kenworthy, N.
Publishing Year	2003
Title	Interpersonal communication in Nursing: Theory and
	Practice.
Subtitle	
Edition	
Publisher	USA: Elsevier Science Ltd.
ISBN	

Course Material	Book
Author	Freshwater, D. (Ed).
Publishing Year	2002
Title	Therapeutic Nursing: Improving Patient Care through Self-
	Awareness and Reflection.
Subtitle	
Edition	
Publisher	London: SAGE Publications.
ISBN	

Course Material	Book
Author	Johns, C.
Publishing Year	2000
Title	Becoming a Reflective Practitioner: A Reflective and Holistic Approach to Clinical Nursing, Practice Development and Clinical Supervision.
Subtitle	
Edition	
Publisher	UK: Blackwell Press.
ISBN	

Notes

This module will enable the student to undertake a range of group tutorials and experiential learning workshops focusing on communication.

This is a practice / theory module, the Practice Assessment Form must be passed. The module is also assessed formatively through reflective practice, peer and self assessment and diagnostic assessments.