

## Liverpool John Moores University

Title: INTRODUCTION TO CLINICAL SKILLS FOR NURSING PRACTICE  
Status: Definitive  
Code: **4001BACFP** (111707)  
Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health  
Teaching School/Faculty: Nursing and Allied Health

Team	Leader
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**Academic Level:** FHEQ4      **Credit Value:** 24.00      **Total Delivered Hours:** 80.00  
**Total Learning Hours:** 240      **Private Study:** 160

### Delivery Options

Course typically offered: Runs Twice - S1 & S2

Component	Contact Hours
Lecture	15.000
Online	40.000
Seminar	15.000
Tutorial	10.000

**Grading Basis:** Pass/Not Pass

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Practice	AS1	Practice assessment form Pass/Fail Module	100.0	

### Aims

*This module aims to:*

- 1. Introduce students to essential skills for person centered practice across the lifespan and across settings.*
- 2. Introduce students to the concept of reflective learning, evidence based practice,*

*clinical governance.*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Demonstrate the underpinning values of the NMC Code of professional conduct: standards for conduct, performance and ethics
- 2 Understand and work within relevant practice guidelines/protocols.
- 3 Demonstrate the ability to practice from a person centred approach.
- 4 Describe the value of an evidence based approach to practice.
- 5 Demonstrate the ability to competently carry out a range of clinical skills under supervision.
- 6 Demonstrate the ability to contribute effectively and appropriately to the multi disciplinary team

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

CW	1	2	3	4	5	6
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## **Outline Syllabus**

*Cardio-Vascular System: TPR, BP, Basic life support, MEWS/PEWS*

*Respiratory System: Use of Oxygen therapy, Nebulizers, peak flow, Observation of sputum,*

*Neurological System: AVPU, Promotion of sleep, Pain assessment & management*

*Renal System: Continence care, use of bedpans & urinals, Application of sheaths, Continence aids, Catheter care, Urinalysis, Charting*

*Gastro-Intestinal System: Nutritional needs, Nutritional assessment, Feeding people, Continence care, Stoma care, Administration of enemas & suppositories*

*Endocrine System: Blood glucose assessment & monitoring*

*Haematological & Immune Systems: Principles of blood administration*

*Skin: Handwashing, Infection control, Use of gloves, aprons & goggles, Bed bathing, mouth care, eye care, Principles of asepsis & aseptic technique, Mechanisms to warm/cool*

*Musculo-skeletal System: Moving & handling, Care of the immobile patient*

*Introduction to Evidence based practice.*

*Clinical skills assessment (OSCE)*

## **Learning Activities**

Evidence based skills teaching through lectures, practice focused tutorials, seminars, skills simulations, Interactive web-based learning, work-based learning, practice based reflective activities with mentor.

To enable student development OSCEs (Objective Structured Clinical Clinical

Examination) will be used to formally assess students in some of the clinical skills previously taught.

## References

<b>Course Material</b>	Book
<b>Author</b>	Baille, L (Ed)
<b>Publishing Year</b>	2001
<b>Title</b>	Developing practical nursing skills
<b>Subtitle</b>	
<b>Edition</b>	
<b>Publisher</b>	Arnold
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	Brooker, C. And Nicol, M
<b>Publishing Year</b>	2003
<b>Title</b>	Nursing Adults
<b>Subtitle</b>	The Practice of Caring
<b>Edition</b>	
<b>Publisher</b>	Mosby
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	Hinchliff, S.M, Montague, S.E, and Watson, R
<b>Publishing Year</b>	2001
<b>Title</b>	Physiology for Nursing Practice
<b>Subtitle</b>	
<b>Edition</b>	2nd ed
<b>Publisher</b>	Bailliere Tindall
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	Hogston, R. and Simpson, P.M
<b>Publishing Year</b>	2002
<b>Title</b>	Foundations of Nursing Practice
<b>Subtitle</b>	Making a Difference
<b>Edition</b>	
<b>Publisher</b>	Palgrave
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	Kenworthy, N. Snowley, G. And Gilling, C
<b>Publishing Year</b>	2002
<b>Title</b>	Common Foundations Studies in Nursing
<b>Subtitle</b>	
<b>Edition</b>	3rd ed

<b>Publisher</b>	Churchill Livingstone
<b>ISBN</b>	

<b>Course Material</b>	Book
<b>Author</b>	Dougherty, L. and Lister S (eds)
<b>Publishing Year</b>	2004
<b>Title</b>	The Royal Marsden Hospital Manual of Clinical Nursing Procedures
<b>Subtitle</b>	
<b>Edition</b>	6th ed
<b>Publisher</b>	Blackwell Science
<b>ISBN</b>	

## Notes

This module focuses on enabling the student to gain confidence in understanding and applying the essential skills of person centered care across different settings. It is work focused and places emphasis on the importance of the role of the mentor in the facilitation of skill development. The module provides the student with the opportunity to integrate theory and practice from a range of modules within the programme