

Liverpool John Moores University

Title: CHILDREN AND THEIR DEVELOPMENT IN PHYSICAL
ACTIVITY AND SPORT
Status: Definitive
Code: **4001COACH** (103742)
Version Start Date: 01-08-2016

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
Victoria Boyd	Y

Academic Level: FHEQ4
Credit Value: 24
Total Delivered Hours: 52
Total Learning Hours: 240
Private Study: 188

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	20
Practical	8
Seminar	12
Tutorial	12

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	Assignment (3000 words)	50	
Essay	AS2	Poster presentation	50	

Aims

To provide students with a generic underpinning of children and their development. This will include an analysis and evaluation of existing child development pathways and an examination of the multi-skill framework.

Learning Outcomes

After completing the module the student should be able to:

- 1 Identify and describe the essential principles that underpin movement development.
- 2 Explore the principles that underpin existing frameworks and models of movement development.
- 3 Summarise the essential aspects of multi-skill development and its implications for coaching practice.
- 4 Identify and describe the essential principles that contribute to a child's development at stages of early, intermediary and later motor pattern development.
- 5 Identify and describe the essential principles congruent to child protection policy.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Assignment	1	2	3	4	5
Poster Presentation	1	3	5		

Outline Syllabus

Growth, development and maturation
Training principles for children
Psychological and sociological development
How children see themselves
Child first, winning second
Retention in children's sport
Child protection policy
Development of movement fundamentals
Context of movement development

Learning Activities

Practical lectures
Workshops
Group tutorials
Theory lectures

Notes

The purpose of this module is to provide students with a coherent underpinning of the theoretical concepts that contribute to the multi-skill framework. Movement

description and motor development will be explored in theory and applied practical workshops.