Liverpool John Moores University

Title:	THERAPEUTIC USE OF SELF AND HUMAN INTERACTION SKILLS
Status:	Definitive
Code:	**4001DNMHN** (100724)
Version Start Date:	01-08-2014

Owning School/Faculty:	Nursing and Allied Health
Teaching School/Faculty:	Nursing and Allied Health

Team	emplid	Leader
Peter Graham		Y

Academic Level:	FHEQ4	**Credit Value:**	20.00	**Total Delivered Hours:**	70.00
Total Learning Hours:	200	**Private Study:**	130		

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	9.000
Seminar	25.000
Tutorial	1.000
Workshop	35.000

Grading Basis: Pass/Not Pass

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Practice	PRACTICE	Formative Assessment: Video role-play. Peer group/tutor assessment. Summative Assessment: Workbased learning assessed in the practice settings. pass/fail.	100.0	

Aims

1. To enable students to utilise a range of appropriate communication and

interpersonal skills which promote the development of effective therapeutic relations.
2. To enable students to participate in the assessment, planning and delivery of care
for those who suffer from different types of mental health problems.

Learning Outcomes

After completing the module the student should be able to:

1   Demonstrate the human interaction skills - which include attending, listening and reflective responding skills - to build a therapeutic relationship within the mental health care setting.
2   Participate and contribute towards the assessment, planning and delivery of care within the mental health care setting.
3   Provide care that sensitivity to and empathic understanding of service users diversity to promote anti-oppressive practice
4   Undertake reflective practice to enhance self awareness, accept feedback from clients and colleagues and apply towards developing an ethos of clinical supervision within the mental health care setting
5   Participate in drug administration and a range of relevant therapies used in the mental health setting
6   Recognise a range of approaches to care delivery in a mental health setting

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

PRACTICE   1   2   3   4   5   6

Outline Syllabus

PBL packages will reflect the current client group (including the social, psychological and physiological basis of mental illness/distress),signs and symptoms, diagnosis of mental health problems service user and carer issues relevant to the National Service Frameworks. Physical and psychological methods of treatments. Stereotypes.   Inequalities. Anti-oppressive practice. Advocacy and empowerment. Interpersonal skills. Communication. Introduction to clinical supervision and reflective practice. Assessment tools. Introductory Psychosocial, cognitive behavioural and brief therapeutic approaches. Introduction to personality disorder. Dual diagnosis

Learning Activities

A range of learning activities are used for module delivery. These include experiential learning, lectures, seminars, PBL workshops, videoing role-play exercises, group discussions, peer group assessment and tutorials. Students will also spend a proportion of the total learning hours in self-directed learning activity. Workbased learning

References

Course Material	Book
Author	BARKER, P
Publishing Year	1999
Title	THE PHILOSOPHY AND PRACTICE OF PSYCHIATRIC NURSING
Subtitle	
Edition	
Publisher	CHURCHILL LIVINGSTONE, LONDON
ISBN	

Course Material	Book
Author	BHUI, K AND OLAJIDE, D
Publishing Year	1999
Title	MENTAL HEALTH SERVICE PROVISION FOR MULTICULTURAL SOCIETY
Subtitle	
Edition	
Publisher	MACMILLAN, LONDON
ISBN	

Course Material	Book
Author	BOND, M
Publishing Year	1995
Title	STRESS AND SELF AWARENESS
Subtitle	A GUIDE FOR NURSES
Edition	
Publisher	BUTTERWORTH HEINEMANN, LONDON
ISBN	

Course Material	Book
Author	BOUD, M., KEOGH, R AND WALKER, D
Publishing Year	1994
Title	REFLECTION
Subtitle	TURNING EXPERIENCE INTO LEARNING
Edition	
Publisher	KOGAN PAGE, LONDON
ISBN	

Course Material	Book
Author	BURNARD, P
Publishing Year	1995
Title	LEARNING HUMAN SKILLS
Subtitle	AN EXPERIENTIAL AND REFLECTIVE GUIDE FOR NURSES
Edition	3RD

Publisher	BUTTERWORTH HEINEMANN, OXFORD
ISBN	

Course Material	Book
Author	FRESHWATER, D
Publishing Year	2003
Title	COUNSELLING SKILLS FOR NURSES, MIDWIVES AND HEALTH VISITORS
Subtitle	
Edition	
Publisher	OPEN UNIVERSITY PRESS
ISBN	

Course Material	Book
Author	MORGAN, S
Publishing Year	1996
Title	HELPING RELATIONSHIPS IN MENTAL HEALTH
Subtitle	
Edition	
Publisher	CHAPMAN AND HALL, LONDON
ISBN	

Course Material	Book
Author	MEARNS, D AND THORNE, D
Publishing Year	2001
Title	PERSON-CENTRED COUNSELLING IN ACTION
Subtitle	
Edition	
Publisher	SAGE PUBLICATIONS
ISBN	

Notes

This is a work-based learning module, which is aimed to develop the student's own personal qualities and therapeutic skills, in building therapeutic relationships with clients. The module also provides a foundation of knowledge and development of skills, in a range of basic interventions for working within mental health care settings. Formative assessment is carried out through videoing individual's use of therapeutic skills with a peer group member. This is achieved through tutor and peer group feedback of the individual student's video recording. Clinical supervision is provided on a monthly basis, in small groups, facilitated by tutorial staff to review the student's clinical practice. Assessment in the practice area is done through contract learning and skills inventory.Practice Skills Inventory must be passed