

Liverpool John Moores University

Title: SKILLS FOR LIFE
Status: Definitive
Code: **4001UGPUBH** (113056)
Version Start Date: 01-08-2014

Owning School/Faculty: Centre for Public Health
Teaching School/Faculty: Centre for Public Health

Team	Leader
Graeme Mitchell	Y

Academic Level: FHEQ4 **Credit Value:** 30.00 **Total Delivered Hours:** 48.00
Total Learning Hours: 300 **Private Study:** 252

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	20.000
Off Site	2.000
Seminar	20.000
Tutorial	6.000

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	Class based Tests	40.0	
Essay	AS2	Career Plan	30.0	
Reflection	AS3	Reflective Essay - 1000 words	30.0	

Aims

- 1. To enable students to develop essential skills for effective learning*
- 2. To enable students to explore the relationship between their skills, strengths, weaknesses and life experiences and planning their personal development*

3. To introduce students to the concept of personal reflection and setting academic and career goals.

Learning Outcomes

After completing the module the student should be able to:

- 1 Demonstrate their understanding of the use of ICT and other media to research and write assignment
- 2 Develop skills in reading, note-taking, thinking critically and producing written work.
- 3 Demonstrate understanding of the current graduate labour market and the transferable skills valued by employers
- 4 Identify their skills, strengths, aspirations and potential areas for development in order to produce a career plan.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Class based test	1	2	
Career Plan	3	4	
Reflection	2	3	4

Outline Syllabus

Reflection and appraisal of own study and development needs;

Personal development and career planning.

Searching for and retrieving information;

Library and computer skills; Learning and study strategies - e.g learning independently and in a group; Time management.

Effective reading of academic texts - focusing on a topic, identifying key points, and note-taking.

Writing skills - referencing, essay structure, paraphrasing, plagiarism awareness.

Developing thinking skills - critical analysis, reflective thinking.

Presentation skills - content and style, use of ICT in presentations.

Learning Activities

The module will be delivered through lectures, individual and group activities, seminars LRC visits, blackboard and personal tutorials.

References

Course Material	Book
Author	Cottrell, S
Publishing Year	2003

Title	Study Skills Handbook
Subtitle	
Edition	2nd edition
Publisher	Palgrave
ISBN	

Course Material	Book
Author	Cottrell, S
Publishing Year	2001
Title	Teaching Study Skills and supporting Learning
Subtitle	
Edition	
Publisher	Palgrave
ISBN	

Course Material	Book
Author	Northedge, A
Publishing Year	2005
Title	The Good Study Guide
Subtitle	
Edition	New Edition
Publisher	The Open University
ISBN	

Notes

This module aims to get students thinking of their personal development and career planning from the beginning of their study at university. It will reinforce the importance of Graduate skills in the job market. Formative assessments will be in the form of reflective journals and presentations.