

## Liverpool John Moores University

Title: COACHING PROCESS 1  
Status: Definitive  
Code: **4002COACH** (103743)  
Version Start Date: 01-08-2016

Owning School/Faculty: Sports Studies, Leisure and Nutrition  
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

| Team          | Leader |
|---------------|--------|
| Victoria Boyd | Y      |

**Academic Level:** FHEQ4      **Credit Value:** 24      **Total Delivered Hours:** 58  
**Total Learning Hours:** 240      **Private Study:** 182

### Delivery Options

Course typically offered: Standard Year Long

| Component | Contact Hours |
|-----------|---------------|
| Lecture   | 24            |
| Practical | 10            |
| Seminar   | 12            |
| Tutorial  | 12            |

**Grading Basis:** 40 %

### Assessment Details

| Category  | Short Description | Description                                      | Weighting (%) | Exam Duration |
|-----------|-------------------|--|---------------|---------------|
| Portfolio | AS1               | Coursework-Case Study Of Coaching Process(3,000) | 50            |               |
| Portfolio | AS2               | Coursework Presentation-Bid document(Group work) | 50            |               |

### Aims

*To introduce students to the complexities of the coaching process and examine its historical and sports development context.*

## Learning Outcomes

After completing the module the student should be able to:

- 1 Explain and analyse the coaching process.
- 2 Outline the current structure of sport and coaching in the UK.
- 3 Describe the key historical factors influencing current sports coaching provision.
- 4 Describe, analyses and evaluate the purpose of a coaching philosophy.
- 5 Outline current sports policy and agendas.

## Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

|              |   |   |   |   |
|--------------|---|---|---|---|
| Case Study   | 1 | 2 | 3 | 4 |
| Presentation | 1 | 2 | 5 |   |

## Outline Syllabus

*Current government sports policies.*

*Comparative coaching structures and pathways*

*Developing a coaching philosophy*

*The coaching process*

*Sports policies and agendas*

*The provision of coach education*

*The role of the coach*

*The roles and functions of sport administrative and political structures within the uk*

## Learning Activities

Lectures

Practical sessions

Group tutorials

Self-directed learning activities

## Notes

The purpose of this module is to provide the students with a conceptual underpinning of the different contexts in which sports coaching may occur and the factors that influence those opportunities in the UK.