

Liverpool John Moores University

Title: Perspectives of Health
Status: Definitive
Code: **4004PM** (125062)
Version Start Date: 01-08-2021

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Nursing and Allied Health

Team	Leader
Kay Hughes	Y

Academic Level: FHEQ4 **Credit Value:** 10 **Total Delivered Hours:** 37
Total Learning Hours: 100 **Private Study:** 63

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	24
Online	6
Tutorial	1
Workshop	6

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Report	AS1	2500 Population Health Needs Analysis	100	

Aims

To develop understanding of the impact of health and illness on individual and population health.

To develop awareness of how social, ethnic, gender and cultural differences influence health and illness.

Learning Outcomes

After completing the module the student should be able to:

- 1 Identify models of health and illness.
- 2 Outline the role of psychological and social factors that influence individuals health.
- 3 Discuss the principles of patient-centred holistic care of vulnerable patients.
- 4 Examine key concepts in relation to patterns of health and illness in relation to the individual and population groups.
- 5 Explore how health and social policy shape life circumstances of different population groups.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Needs analysis	1	2	3	4	5
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Outline Syllabus

Models of health and illness
Key psychological and sociological theories
Mental health
Diversity and difference
Deprivation and social inclusion/exclusion
Health measurements
Epidemiology
Epidemics and pandemics
Public health issues
Equity and social inequality in health
Introduction to social policy
Gender and sexuality in relation to health
Ethnicity and diversity
Health and social policies

Learning Activities

Lectures, e-learning, workshops and classroom discussion.

Notes

This course will encourage students to broaden their knowledge of the concepts of health and illness by considering how these affect the patient as an individual and as part of a larger population within society. The course will begin with the perspective of the individual and progress to consider the many facets of public health. Models of health and illness will be studied to encourage the students to put their clinical

practice within a broader framework, and understand how patients are considered by health professionals and the general public. Aspects of mental health will be introduced alongside the fundamentals of human psychology, and diversity and difference will be studied with regard to the patient. The sociological implications of health and illness will be examined, and the determinants of health which will raise the issues of inequality, difference and disadvantage. The patient experience will be focused upon to help the student understand what it is really like to be unwell or injured in the twenty-first century. An introduction to epidemiology will progress the student's journey through the course, as the individual focus will broaden to encompass the population perspective, and specific patterns of ill health and disease. Concepts of public health will be explored in addition to studying how social, ethnic, gender and cultural differences impact upon and influence population health outcomes. This course looks at health and illness through a wide lens and it will enable the student to appreciate and understand the broader context in which the patient sits.