

## Liverpool John Moores University

Title: Holistic Care In Mental Health  
Status: Definitive  
Code: **4005ANSMH** (125745)  
Version Start Date: 01-08-2020

Owning School/Faculty: Nursing and Allied Health  
Teaching School/Faculty: Nursing and Allied Health

Team	Leader
May Baker	Y

**Academic Level:** FHEQ4      **Credit Value:** 20      **Total Delivered Hours:** 40  
**Total Learning Hours:** 200      **Private Study:** 160

### Delivery Options

Course typically offered: Non Standard Year Long

Component	Contact Hours
Lecture	25
Workshop	15

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	2500 words	Essay examining nursing models and the nursing process	60	
Presentation	SIAD	Group scenario in a day presentation	40	

### Aims

*To introduce the student to a mental health framework that values diversity and promotes recovery.*

### Learning Outcomes

After completing the module the student should be able to:

- 1 Examine the historical context of mental health
- 2 Introduce the student to a range of theories and models that inform mental health nursing practice
- 3 Understand the principles of a recovery-oriented, collaborative, values-based approach to contemporary mental health service delivery
- 4 Recognise the legal, ethical and policy context within which mental health care is delivered

### **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Reflective Essay	1	2	3	4
Group Scenario presentation	1	2	3	4

### **Outline Syllabus**

*Historical context of mental health care.*

*Legal, ethical and policy context specific to mental health care.*

*Values based practice.*

*Protection of vulnerable people, including those with complex needs and across the lifespan.*

*Power imbalances between professionals and people experiencing mental health problems.*

*Promotion of mental health and wellbeing.*

*Challenging inequalities and discrimination that may arise from or contribute to mental health problems.*

*Person-centred and recovery focused practice.*

*The value of evidence.*

*Professional values, communication and interpersonal skills, including nursing practice, collaborative practice and decision making.*

*Health promotion.*

*Developing relationships with families, carers and other people important to the person experiencing mental health problems.*

*Awareness of ones own mental health and wellbeing.*

*Common and complex conditions, Classification, Symptomology, Biopsychosocial approaches.*

### **Learning Activities**

A range of learning activities will be used for module delivery including lectures, seminars, workshops, on-line learning, reflective practice, formative assessment, guided reading, independent study.

## **Notes**

This module introduces the first year student to the values and principles underpinning modern mental health service provision.  
This module is a theory module