

## Liverpool John Moores University

Title: COACHING CHILDREN  
Status: Definitive  
Code: **4005FDSDEV** (106559)  
Version Start Date: 01-08-2016

Owning School/Faculty: Sports Studies, Leisure and Nutrition  
Teaching School/Faculty: Greenbank College

Team	Leader
Cath Walker	Y

**Academic Level:** FHEQ4  
**Credit Value:** 12  
**Total Delivered Hours:** 60  
**Total Learning Hours:** 120  
**Private Study:** 60

### Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Online	40
Seminar	10
Tutorial	10

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	coursework (Report - 2000 words)	50	
Essay	AS2	presentation (15-20 minutes)	50	

### Aims

*This module aims to:*

- 1) provide a foundation for the development of coaching skills;*
- 2) create an awareness of pedagogical issues;*
- 3) examine factors affecting children's participation in sport;*
- 4) highlight current best practice issues such as child protection, risk assessment,*

5) *health and safety procedures, and the coaches code of conduct.*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 identify the characteristics of good coaching practice with children;
- 2 explain the principles of pedagogy;
- 3 identify the important issues surrounding the coaching of children in a sporting context;
- 4 examine factors affecting children's participation in sport.

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Coursework	1	3	4	
Presentation	1	2	3	4

## **Outline Syllabus**

- a) roles of the coach;*
- b) coaching styles;*
- c) health and safety issues including child protection*
- d) psychological and physiological factors that influence children's participation in sport;*
- e) pedagogical principles.*

## **Learning Activities**

Seminars, Tutorials and Practical Coaching Sessions.

Students will demonstrate their coaching styles and ability to coach through practical sessions. Students will coach in a variety of different sports, and experience the different styles they can use for varying situations.

## **Notes**

This module introduces students to the fundamental principles of good coaching practice with children including; goal setting, lesson planning, structure and set up of the group; communicating effectively with children; determining coaching objectives and coaching/leadership style; how to manage challenging behaviour, and ensuring that the coaching style is respectful and meets the needs of all children.