

Liverpool John Moores University

Title: Person Centred Practice in Mental Health
Status: Definitive
Code: **4005PRNMH** (123851)
Version Start Date: 01-08-2021

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Health

| Team | Leader |
|------------------|--------|
| Shelley O'connor | Y |
| Sarah Monks | |
| May Baker | |

Academic Level: FHEQ4
Credit Value: 20
Total Delivered Hours: 40

Total Learning Hours: 200
Private Study: 160

Delivery Options

Course typically offered: Runs Twice - S1 & S2

| Component | Contact Hours |
|-----------|---------------|
| Lecture | 25 |
| Workshop | 15 |

Grading Basis: 40 %

Assessment Details

| Category | Short Description | Description | Weighting (%) | Exam Duration |
|--------------|-------------------|---------------------------------------|---------------|---------------|
| Essay | Essay | 2,500 word essay | 60 | |
| Presentation | Scenario | Group presentation approx. 30 minutes | 40 | |

Aims

To introduce the student to a mental health framework that values diversity and promotes recovery.

Learning Outcomes

After completing the module the student should be able to:

- 1 Examine the historical context of mental health
- 2 Introduce the student to a range of theories and models that inform mental health nursing practice
- 3 Understand the principles of a recovery-oriented, collaborative, values-based approach to contemporary mental health service delivery.
- 4 Recognise the legal, ethical and policy context within which mental health care is delivered

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

| | | |
|------------------|---|---|
| Reflective essay | 1 | 2 |
| Group pres | 3 | 4 |

Outline Syllabus

professional values

Historical context of mental health care. Legal, ethical and policy context specific to mental health care. Values based practice. Protection of vulnerable people, including those with complex needs and across the lifespan. Power imbalances between professionals and people experiencing mental health problems. Promotion of mental health and wellbeing. Challenging inequalities and discrimination that may arise from or contribute to mental health problems. Person-centred and recoveryfocused

practice. The value of evidence.

communication and interpersonal skills

Health promotion. Developing relationships with families, carers and other people important to the person experiencing mental health problems.

nursing practice and decision making.

Awareness of ones own mental health and wellbeing. Common and complex conditions, Classification, Symptomology, Bio psychosocial approaches.

Collaborative practice

Learning Activities

Learning Activities

A range of learning activities will be used for module delivery including lectures, seminars, workshops, on-line learning, reflective practice, formative assessment, guided reading, independent study.

Notes

This module introduces the first year student to the values and principles underpinning modern mental health service provision.
This module is a theory module