

Liverpool John Moores University

Title: Introduction to Practical Delivery of Sport Development
Status: Definitive school/dept approval
Code: **4005SPOINC** (120751)
Version Start Date: 01-08-2018

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
Danny Cullinane	Y
Milly Blundell	

Academic Level: FHEQ4 **Credit Value:** 24 **Total Delivered Hours:** 48

Total Learning Hours: 240 **Private Study:** 192

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	7
Practical	40
Tutorial	1

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	Portfolio	Coaching Manual (3000 word equivalent)	50	
Practice	Practical	Assessed delivery of sessions	50	

Aims

This module will enable individuals to develop an understanding of safe and effective sports coaching and PE pedagogy and apply this in their own practice.

Learning Outcomes

After completing the module the student should be able to:

- 1 Identify, describe and explain the components that make up a safe and effective sports session.
- 2 Prepare and deliver a series of safe and successful sports sessions.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

AS1	1
AS2	2

Outline Syllabus

Sport pedagogy
Practical activities
Motor Learning
Skill/technique acquisition
Safe practice in sports and coaching contexts

Learning Activities

Students will be given a theoretical overview of sports pedagogy before starting on practical delivery. Much of the learning will be applied in practical sessions. Students will be required to both lead and evaluate peers in these practical sessions.

Notes

This module will enable individuals to develop an understanding of safe and effective sports coaching and PE pedagogy and apply this in their own practice.