

## Liverpool John Moores University

Title: Personal and professional development  
Status: Definitive  
Code: **4006BPR** (121595)  
Version Start Date: 01-08-2020

Owning School/Faculty: Business and Management  
Teaching School/Faculty: Business and Management

Team	Leader
Gwenda Mynott	Y

**Academic Level:** FHEQ4      **Credit Value:** 10      **Total Delivered Hours:** 44  
**Total Learning Hours:** 100      **Private Study:** 56

### Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Online	22
Workshop	22

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	Portfolio	Portfolio	80	
Future Focus e-learning task	Online	Careersmart	20	

### Aims

*To develop skills to support successful academic study and personal development*

### Learning Outcomes

After completing the module the student should be able to:

- 1 Identify and reflect upon the following aspects of personal development: strengths and weaknesses, motivations and values, ability to work with others.
- 2 Identify the key areas requiring improvement
- 3 Develop a strategy for enhancing self-awareness and personal and professional planning.

### **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Portfolio	1	2	3
Careersmart	3		

### **Outline Syllabus**

*Personal SWOT analysis*  
*Reflection on semester 1 feedback*  
*Identification of skills gaps*  
*Action planning*

### **Learning Activities**

Group workshops & individual personal development meetings

### **Notes**

This module will support students to build on semester 1 feedback and to address any skill gaps