

Liverpool John Moores University

Title: STUDIO PRACTICE
Status: Definitive but changes made
Code: **4006DANCE** (103903)
Version Start Date: 01-08-2016

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
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Academic Level: FHEQ4 **Credit Value:** 24 **Total Delivered Hours:** 48
Total Learning Hours: 240 **Private Study:** 192

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	10
Practical	38

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Practice	Ass 1	Practical	55	
Presentation	Ass 2	Evaluative Presentation	45	

Aims

This module aims to provide the opportunity for students to explore the underlying principles of dance in studio practice, and to apply an holistic understanding towards the safety elements required for the healthy dancer.

Learning Outcomes

After completing the module the student should be able to:

- 1 Demonstrate a malleable use of the physical self.
- 2 Show correct posture with a growing awareness of alignment
- 3 Demonstrate artistic fulfillment of the movement
- 4 Express and evaluate the impact of anatomical and lifestyle implications on the dancing body.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

practical	1	2	3
presentation	4		

Outline Syllabus

This will include:

Safe studio practice.

Practical phrases and sequences focusing on:

managing and regulating the physical self

exploring key principles of movement

posture and alignment

mindfulness:

Theory will focus on:

Anatomy

Nutrition

Lifestyle

The Soma

Learning Activities

Practical sessions

Lectures

Seminars

Notes

This module aims to provide the opportunity for students to explore the underlying principles of dance in studio practice, and to apply an holistic understanding towards the safety elements required for the healthy dancer.

The module aims that theory will underpin practical classes so that students can further develop their holistic understanding of the moving body.

