

## Liverpool John Moores University

Title: Holistic Midwifery  
Status: Definitive  
Code: **4006MW** (124244)  
Version Start Date: 01-08-2021

Owning School/Faculty: Nursing and Allied Health  
Teaching School/Faculty: Health

Team	Leader
Sarah Mcdonald	Y
Sarah McNamara	

**Academic Level:** FHEQ4      **Credit Value:** 20      **Total Delivered Hours:** 41.5  
**Total Learning Hours:** 200      **Private Study:** 158.5

### Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	25
Seminar	4
Tutorial	1
Workshop	10

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Exam	AS1	Exam on how the body adapts to pregnancy, 1.5 hours in duration.	50	1.5
Presentation	AS2	Parent education session, 10 minutes in duration.	50	

### Aims

*To provide the students with the theoretical foundations of midwifery with emphasis on the holistic role of the midwife in the childbirth continuum.*

## Learning Outcomes

After completing the module the student should be able to:

- 1 Display a knowledge of the anatomy and physiology of the reproductive systems applied to midwifery practice.
- 2 Explain how the body adapts throughout the childbirth continuum.
- 3 Define changes the fetus/baby undergoes throughout the transition from intrauterine to extrauterine life.
- 4 Plan and deliver a parent education class.

## Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

exam	1	2	3
presentation	4		

## Outline Syllabus

*Holistic midwifery – childbirth continuum, female reproductive system, male reproductive system, anatomy of the breast, changes in pregnancy and postnatal period, oogenesis, spermatogenesis, embryology, adaptation to pregnancy, birth, labour and puerperium, adaptive physiology of life systems, perineum, pelvic floor, pelvis, fetal skull internal and external structures, fetal circulation and adaptation, fetus to neonate/baby, kidney bladder changes, circulatory changes, skeletal changes, Pharmacokinetics, non-pharmacological methods, parent education. Promoting normal birth practices.*

## Learning Activities

Lectures, presentations, seminars, group discussion, quizzes.

Students will be formatively assessed throughout this module and specifically by: mock exam and feedback, small group work on pharmacology.

## Notes

This module will provide the students with the foundations of applied anatomy and physiology in relation to midwifery. This will enable student midwives to become confident and competent at understanding the changes occurring during the childbirth continuum and to be able to explain them to the women in their care.

This module is component marked, each component requires 40% minimum to pass the module.

