

Liverpool John Moores University

Title: DEVELOPING A THERAPEUTIC ALLIANCE
Status: Definitive
Code: **4011FDASPP** (106830)
Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: Nursing and Allied Health

Team	Leader
Catherine Taylor	Y

Academic Level: FHEQ4
Credit Value: 20.00
Total Delivered Hours: 44.00
Total Learning Hours: 200
Private Study: 156

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	28.000
Online	12.000
Tutorial	4.000

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Reflection	AS1	Use a reflective case study approach to discuss own skills when promoting social inclusion (3,000 words)	100.0	

Competency	Practice
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Aims

*To consider the relevance and application of interpersonal skills with regard to collaborative relationships within professional roles and boundaries.
To develop a working knowledge of legislation applicable to mental health and its*

impact on partnership working.

Learning Outcomes

After completing the module the student should be able to:

- 1 To explain the importance of interpersonal skills in developing and maintaining a therapeutic alliance with the service user and carer.
- 2 To describe the importance of professional boundaries, roles and responsibilities within the context of partnership working
- 3 To identify and understand legislation relevant to service users and carers and those working in mental health services
- 4 To describe the role of all practitioners in challenging discriminatory practice and promoting social inclusion
- 5 Introduce models of abnormality

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Reflective case study	1	2	3	4
Practice				5

Outline Syllabus

Interpersonal skills (including communication skills, complex communication, conflict and de-escalation and barriers to communication), engagement and disengagement, communication cycle, conflict resolution.

Professional boundaries, collaborative working, roles and responsibilities, service user perspective, working across organisational and agency boundaries.

Legal framework, capacity and consent, confidentiality, information sharing, Crime and Disorder Act in mental health care delivery.

Power and empowerment, advocacy and self advocacy, respect and dignity, diversity and equality, labelling and stereotyping, stigma, anti-discriminatory practice, Valuing People, Fair Access to Services guidance.

Introduction to models of abnormality.

Learning Activities

Lectures, seminars, problem-based approach, self directed learning, experiential blended and e-learning, and case study.

References

Course Material	Book
Author	Brammer, L.
Publishing Year	2003

Title	The helping relationship: process and skills.
Subtitle	
Edition	8th ed
Publisher	Boston, Ma; Cheltenham: Allyn and Bacon.
ISBN	

Course Material	Book
Author	Burnard, P.
Publishing Year	1997
Title	Effective communication skills for health professionals.
Subtitle	
Edition	2nd ed..
Publisher	London: Stanley Thornes.
ISBN	

Course Material	Book
Author	Campbell, P.
Publishing Year	1996
Title	The history of the user movement in the UK. In: Heller, T. et al. (Eds.). (1996).Mental health matters: A reader.
Subtitle	
Edition	
Publisher	London: Macmillan in association with the Open University.
ISBN	

Course Material	Book
Author	Corey, M.S., & Corey, D.
Publishing Year	2003
Title	Becoming a helper.
Subtitle	
Edition	4th ed
Publisher	Pacific Grove CA: Brooks Cole.
ISBN	

Course Material	Book
Author	Craig, G.V., & Smyth, R.L. (Eds.).
Publishing Year	2007
Title	The evidence based practice manual for nurses.
Subtitle	
Edition	2nd ed.
Publisher	Edinburgh: Churchill Livingstone,
ISBN	

Course Material	Book
Author	Dexter, G., & Walsh, M.
Publishing Year	1997
Title	Psychiatric nursing skills: A patient-centre approach

Subtitle	
Edition	2nd ed.
Publisher	Cheltenham: Stanley Thornes
ISBN	

Course Material	Book
Author	
Publishing Year	0
Title	Sainsbury Centre for Mental Health. Capable practitioner: A framework and list of the practitioner capabilities required to implement the National Service Framework for Mental Health. Retrieved from Sainsbury Centre for Mental Health website:
Subtitle	http://www.scmh.org.uk/publications/capable_practitioner.aspx?ID=552
Edition	
Publisher	
ISBN	

Notes

Practice element of course must be completed.