

## Liverpool John Moores University

Title: Employability and Professional Development 1  
Status: Definitive  
Code: **4012COACH** (117297)  
Version Start Date: 01-08-2016

Owning School/Faculty: Sports Studies, Leisure and Nutrition  
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

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**Academic Level:** FHEQ4      **Credit Value:** 24      **Total Delivered Hours:** 48  
**Total Learning Hours:** 240      **Private Study:** 192

### Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	10
Off Site	22
Seminar	5
Tutorial	1
Workshop	10

**Grading Basis:** 40 %

## Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Self Awareness Statement	WoW	Complete a World of Work skills Bronze on Self Awareness and then reflect on your feedback	10	
Portfolio	Portfolio		70	
Presentation	Practical		20	

## Aims

*To encourage students to examine employability and personal development through reflecting upon coaching practice and work related learning. The module will provide opportunities to observe and engage in coaching practice within a variety of sport settings: develop an understanding of effective pedagogical skills and its' application in practical and work related contexts. Students will be provided with the opportunity to develop their employability skills and understanding of coaching in various employment routes.*

## Learning Outcomes

After completing the module the student should be able to:

- 1 Demonstrate effective practical coaching skills
- 2 Reflect upon personal and professional development
- 3 Explore coaching literature to justify and underpin coaching practices
- 4 To identify and reflect upon the following aspects of personal development; strengths and weaknesses, motivations and values, ability to work with others.

## Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Bronze Statement & Reflection	4	
WRL & PDP portfolio	2	3
WRL Practical	1	

## Outline Syllabus

*(1) Personal Development Planning (2) Study Skills (3) Reflective Practice (4) Athlete-centered sports coaching through WRL (5) Pedagogical theory and application in sports coaching*

## **Learning Activities**

Students will participate in lectures, seminars, tutorials and a work-related learning (WRL) placement, throughout the module, both in groups and as individuals. Activities will be student centred and will enable you to realistically develop an understanding of the skills and attributes required to effectively develop as an individual, student and sports coach.

## **Notes**

This module is designed to provide an effective platform for you to examine employability and personal development through personal development planning (PDP) and work related learning (WRL). The programme will provide opportunities to observe and engage in varied learning activities within appropriate settings; to develop an understanding of effective pedagogical skills and its application in practical and work related contexts to support wider development as a sports coach.