

**Liverpool** John Moores University

Title: Physical Education and Sport Coaching Pedagogy  
 Status: Definitive  
 Code: **4013SPODEV** (117149)  
 Version Start Date: 01-08-2016

Owning School/Faculty: Sports Studies, Leisure and Nutrition  
 Teaching School/Faculty: Sports Studies, Leisure and Nutrition

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**Academic Level:** FHEQ4      **Credit Value:** 24      **Total Delivered Hours:** 48

**Total Learning Hours:** 240      **Private Study:** 192

**Delivery Options**

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	12
Practical	36

**Grading Basis:** 40 %

## Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Presentation	Ass 2	On Going Practical Assessment	80	
Portfolio	Ass 1		20	

## Aims

*To develop the students understanding of physical education and sports coaching pedagogy and its application in a practical context.*

## Learning Outcomes

After completing the module the student should be able to:

- 1 Identify effective teaching strategies for physical education and sports coaching.
- 2 Identify, describe and explain the components that make up a relevant successful coaching session
- 3 Identify and explain the essential concepts and theories of model-based instruction.

## Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Practical coaching	1	2
Coaching portfolio	3	

## Outline Syllabus

*Students to discover alternative pedagogic strategies adopted in either physical education or sports coaching domains. The module will demand that students work collaboratively and be responsible for planning, delivering and evaluating teaching/coaching episodes. The students will be continually assessed in these areas in a paired basis.*

## Learning Activities

Many of the elements of this module will be explored in practical lectures. The module outline will be structured around the Sport Education model. The students will be required to lead/coach/officiate and maintain statistics of their team's performance. Students will be offered a key lecture, on-going feedback and a tutorial.

**Notes**

This module will enable students to discover alternative pedagogic strategies adopted in either physical education or sports coaching domains.