

Liverpool John Moores University

Title: Outdoor Leadership 1: Mountain and River Environments
Status: Definitive
Code: **4014OUTDOR** (117688)
Version Start Date: 01-08-2016

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
Kaye Richards	Y

Academic Level: FHEQ4 **Credit Value:** 24 **Total Delivered Hours:** 48

Total Learning Hours: 240 **Private Study:** 192

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	8
Off Site	40

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Report	Ass 1		40	
Practice	Ass 2		60	

Aims

This module sets out to give students the basic theoretical and technical skills and understanding needed to lead parties in the following situations: summer hill walking, rock climbing and paddlesports. Students will also understand the processes of dynamic risk assessment and recognise issues of group leadership and supervision in a range of outdoor environments.

Learning Outcomes

After completing the module the student should be able to:

- 1 Understand the fundamentals of theory and practice in summer mountain leadership, including: navigation, emergency procedures, mountain hazards, expeditions, access and environmental awareness.
- 2 Demonstrate a practical ability in mountain leadership and rock climbing/ paddlesports.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

2000 wds	1
Practical Assessment	2

Outline Syllabus

Students will be given opportunities to self-evaluate their competencies against National Governing Body Awards (NGB's) and forward plan their development to requirements of undertaking NGB's training and assessments in key outdoor activities. This module is in part based upon the training course for MLTUK's Mountain Leadership Award. This will involve a maximum of six days in mountain areas learning the elements of navigation and supervision and leading of parties on steep terrain and on camping expeditions. It will also include development of rock climbing skills with an introduction to organising and supervising rock climbing groups on single pitch crags as well as development of canoeing skills and training for supervising and teaching kayaking to groups on inland flat-water sites.

Learning Activities

Directed practical coaching activities and practical workshops. Practice of the activities in a supervised and monitored environment. Preparation and presentation by students of small practical sessions in which they: (a) teach a set activity and (b) deal with set leadership scenarios. Collaboration with other students to prepare and present material to groups of fellow students. Making assessments of other students and preparing practical action plans. Written reports in which students show their practical learning and demonstrate an ability to relate practice to underlying principles. These activities will provide opportunities to develop 'World of Work' skills and enable practical application of theoretical knowledge developed in Theoretical Foundations of Outdoor Education.

Notes

This module provides a mix of theory and practical, with the emphasis on

opportunities to develop and apply knowledge and skill during a variety of practical sessions.