

Liverpool John Moores University

Title: Project Management in Practice
Status: Definitive
Code: **4021SPONUT** (120673)
Version Start Date: 01-08-2018

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
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Academic Level: FHEQ4 **Credit Value:** 24 **Total Delivered Hours:** 48
Total Learning Hours: 240 **Private Study:** 192

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	10
Placement	27
Seminar	10
Tutorial	1

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Report	Ass. 1	Report 2500 words	70	
Reflection	Ass. 2	Reflection 1500 words	30	

Aims

This module aims to give students an understanding of processes of good practice in

sport and nutrition community based delivery.
It aims to introduce students to working and delivering sport and nutrition for health content in a community based environment.

Learning Outcomes

After completing the module the student should be able to:

- 1 Understand best practice in community based health improvement projects (physical activity, sport and nutrition related)
- 2 Identify legislative issues such as those concerning health and safety, safeguarding, volunteering and the legal requirements in best practice.
- 3 Take a lead role in a practical community based example of sport and nutrition delivery and practice.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Report 2500 words	1	2
Reflection 1500 words	3	

Outline Syllabus

Exploring the concept and theories of community based projects to develop physical activity, sport and nutrition delivery programmes
Work related learning placement within a sport and nutrition context
Legal and best practice requirements
Health and safety and safeguarding issues when working in sport development
Volunteering and leading in community health development projects

Learning Activities

In this module students will undertake work related learning that exemplifies the theory delivered through lectures and seminars. This will enable the assessment to consider both the theoretical underpinning and the practice of the processes within sport and nutrition for health.

Notes

Students will participate in lectures, seminars and practicals. They will also be involved in work related learning that requires their practical involvement in an example of a community based health improvement project.