

Liverpool John Moores University

Title: Personal and Professional Development
Status: Definitive
Code: **4041PHYSED** (120671)
Version Start Date: 01-08-2018

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

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Academic Level: FHEQ4 **Credit Value:** 24 **Total Delivered Hours:** 78

Total Learning Hours: 240 **Private Study:** 162

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	4
Placement	30
Practical	10
Tutorial	24
Workshop	10

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	As1	P/folio (3000 word equivalent)	50	

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	As2	Essay (1500 words)	40	
Self Awareness Statement	As3	WoW Bronze (500 word equivalent)	10	

Aims

This module combines the development of academic skills and conventions with personal development skills through level 4. It will support learning through this module and all other modules.

Learning Outcomes

After completing the module the student should be able to:

- 1 Identify and develop the necessary skills to become an effective learner
- 2 Inform their own development through reflection
- 3 Demonstrate capacity for self-directed and independent learning
- 4 Identify, and reflect upon, the following aspects of personal development: strengths and weaknesses; motivations and values; ability to work with others

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

P/folio	2	3
Essay	1	
WoW Bronze	4	

Outline Syllabus

Academic conventions (searching for information, analysing numbers, analysing words, presenting verbally)

Models of reflection

Work-Based Learning - community experience

Active learning skills related to WBL

WoW Bronze statement and presentation of feedback

Goal setting and personal and professional journey

Blended learning activities that link face-to-face (F2F) with online tasks

OAA experience to support team building

Learning Activities

This module will be delivered through Peer Learning Groups (PLG), lectures, projects (in schools or community), practical (OAA experience)

Notes

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