

Professional Practice in Sport Psychology 1

Module Information

2022.01, Approved

Summary Information

Module Code	4051SPS
Formal Module Title	Professional Practice in Sport Psychology 1
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 4
Grading Schema	40

Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

Learning Methods

Learning Method Type	Hours
Lecture	22
Practical	4
Seminar	10
Workshop	8

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
JAN-CTY	CTY	January	12 Weeks

Aims and Outcomes

Aims	To introduce the students to the history, philosophies and paradigms of sport and exercise psychology. To familiarise the students with the fundamental role and professional training requirements of the sport and exercise psychologist. To provide and outline the role of the BPS Division of Sport and Exercise Psychology and BASES SEPAR development pathways for the sport and exercise psychologists. To explore the ethical and diversity considerations in sport and exercise psychology.
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Examine contemporary issues within sport and exercise psychology
MLO2	2	Describe the roles of the sport and exercise psychologist within a range of client groups.
MLO3	3	Outline the role of the BPS Division of Sport and Exercise Psychology and BASES SEPAR development pathways for the sport and exercise psychologists.
MLO4	4	Identify and reflect upon the following aspects of employability in respect of personal development and career planning: strengths and weaknesses, motivations and values, ability to work with others.

Module Content

Outline Syllabus	Understanding the contemporary issues within sport and exercise psychology Professional training for sport and exercise psychologists Methods and techniques used by sport and exercise psychologists Develop self-awareness of career relevant knowledge, skills, and experiences.
Module Overview	
Additional Information	BPS mapped.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Centralised Exam	Short Answer Exam	50	2	MLO2, MLO3, MLO4
Practice	Video blog	50	0	MLO1, MLO4

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Joe Causer	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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