

Liverpool John Moores University

Title: Individual Learning and Development
Status: Definitive
Code: **4101FDSDEV** (119390)
Version Start Date: 01-08-2018

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Greenbank College

Team	Leader
Cath Walker	

Academic Level: FHEQ4 **Credit Value:** 24 **Total Delivered Hours:** 48
Total Learning Hours: 240 **Private Study:** 192

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	24
Seminar	22
Tutorial	2

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Presentation	Presentati	20 min Presentation	25	
Essay	Essay	3,000 word Essay	50	
Report	Report	1,500 word Report	25	

Aims

This module sets out to empower learners to maximise their educational, personal and professional development with the goal of becoming autonomous, reflective practitioners and lifelong learners. It will help individuals to develop skills essential for effective learning to degree level, introduce and develop the concepts of graduate skills and develop ideas regarding self development and personal development

planning.

Learning Outcomes

After completing the module the student should be able to:

- 1 LO1
Identify and develop the necessary skills to become an effective learner.
- 2 LO2
Structure and manage their learning processes.
- 3 LO3
Diagnose personal development needs and plan towards meeting them, either from their own resources, from skills present in others or from external sources.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

20 min Presentation	1
3,000 word Essay	2
1,500 word Report	3

Outline Syllabus

- *Exploration of learning styles and strategies, individually and in groups*
- *Study skills techniques including profile*
- *Study Skills/Employability Skills techniques including note taking, active reading, planning for an assignment, revision, essay writing and information searches.*
- *Planning and using tutorial, individual and group discussions as an aid to learning*
- *Presenting information in a variety of ways*
- *Introduction to research techniques and evaluation tools*
- *Personal development planning*
- *Employability planning including cv writing, interview techniques*
- *Workbased and/or work related learning*

Learning Activities

This module is taught in two ways, lectures and seminar groups. The lectures allow for the theory to be delivered whilst the seminars support the individuals in relation to their own needs and allow group discussion/development.

Notes

The module will enable students to examine the ways in which they learn and

develop both study and research based skills, knowledge and experience. The module will start students on the process of personal development planning and help them to develop their portfolio of both curriculum and extra-curriculum activities.