

Summary Information

Module Code	4101SPS
Formal Module Title	Professional Practice in Sport and Exercise Science 1
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 4
Grading Schema	40

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Timothy Donovan	Yes	N/A

Module Team Member

Contact Name	Applies to all offerings	Offerings
Ian Sadler	Yes	N/A
Rebecca Murphy	Yes	N/A
Jamie Pugh	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

Learning Methods

Learning Method Type	Hours
Lecture	33
Practical	10

Module Offering(s)

Offering Code	Location	Start Month	Duration
SEP-CTY	CTY	September	12 Weeks

Aims and Outcomes

Aims	To develop an understanding of the concepts, skills and competencies underpinning inter-disciplinary applied sport and exercise science practice. To familiarise and develop computing competency, practical skills and measurement techniques relevant to applied sport and exercise science settings. To recognise ways to enhance personal and professional development.
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Learning Outcomes

After completing the module the student should be able to:

Code	Description
MLO1	Identify the skills and competencies required of a sport and exercise scientist.
MLO2	Reflect upon personal and professional development.
MLO3	Evidence sport and exercise science practice and delivery.

Module Content

Outline Syllabus
Self-Awareness and personal development: Planning for a career in sport and exercise science; Resilience and mind set; Self-awareness; Reflective practice; Inter and intra-personal skill development. Professional development and Employability skills: IT Literacy – Word, Excel, PowerPoint; Harvard Referencing; Library Skills; Presenting with confidence Scientific writing. Being a Sport & Exercise Scientist: What is a Sports Scientist: The role of BASES; Practical measurement, analysis and reporting.

Module Overview

Additional Information
BUES mapped.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Learning Outcome Mapping
Portfolio	Portfolio	60	0	MLO3
Presentation	Individual presentation	40	0	MLO2, MLO1