

## Liverpool John Moores University

Title: Advanced Learning Skills  
Status: Definitive  
Code: **4101SSLN** (125012)  
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences  
Teaching School/Faculty: Sport and Exercise Sciences

Team	Leader
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**Academic Level:** FHEQ4      **Credit Value:** 20      **Total Delivered Hours:** 40  
**Total Learning Hours:** 200      **Private Study:** 160

### Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Seminar	38
Tutorial	2

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS1	Portfolio (3000 words)	90	
Future Focus e-learning task	AS2	Self-Awareness Statement	10	

### Aims

*To develop students as independent and reflective learners; able to take*

*responsibility for their own performance, learning and actions within the context of their future profession. To enable students to develop a broad range of effective academic skills.*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Identify & develop the necessary skills to become an effective learner
- 2 Assess their own development through reflection
- 3 Identify and reflect upon the following aspects of personal development: strengths and weaknesses, motivations and values, ability to work with others

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Portfolio	1	2	3
Self Awareness Statement	3		

## **Outline Syllabus**

*Models of reflection, learning styles, study skills, written and oral communication, selecting and referencing material, group communications, presentations, formal and informal communication in organisations, group dynamics, ICT skills, on-line searching, website analysis, fieldwork.*

## **Learning Activities**

Activities will be student centred and facilitate group and individual work, through tutorials and seminars. Material from other modules in the programme will form the basis of some of the activities where students will reflect on feedback from peers and tutors. Support for Personal Development Planning will be built into the module encouraging self-evaluation and personal action planning. The module will contribute to the World of Work.

## **Notes**

This module will contribute to the World of Work Self-Awareness Statement.