

Liverpool John Moores University

Title: PARTICIPANT DEVELOPMENT IN SPORT & PHYSICAL ACTIVITY
Status: Definitive
Code: **4103SPODEV** (104349)
Version Start Date: 01-08-2016

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
Susan Piddock Jones	Y

Academic Level: FHEQ4 **Credit Value:** 24 **Total Delivered Hours:** 61
Total Learning Hours: 240 **Private Study:** 179

Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	10
Practical	50
Tutorial	1

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS1	Assignment (1,500 words)	35	
Portfolio	AS2	Practical	30	
Portfolio	AS3	Assignment (1.500 words)	35	

Aims

This module aims to introduce to students, through a variety of theoretical and practical activities, how individuals develop in sport and PE.

Learning Outcomes

After completing the module the student should be able to:

- 1 Identify factors affecting individual skill acquisition.
- 2 Demonstrate understanding of physical health -related development in sport and physical activity.
- 3 Demonstrate understanding of tactical development in team and individual performance
- 4 Identify issues concerning physical activity data collection in practical settings

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Assignment	3	
Practical	1	
Assignment	2	4

Outline Syllabus

Skill acquisition

LTAD

Health and physical activity

TGFU

Learning Activities

Practicals in a range of physical activities. Theoretical lectures and workshops, will also be provided to students to develop their practical abilities.

Notes

This module will use theoretical themes introduced in lectures as a basis for the ideas explored within subsequent physical activities.