

Liverpool John Moores University

Title: DEVELOPING LEADERSHIP THROUGH SPORT
Status: Definitive
Code: **4104SPODEV** (104350)
Version Start Date: 01-08-2016

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
Angus Ryrie	Y

Academic Level: FHEQ4 **Credit Value:** 24 **Total Delivered Hours:** 96
Total Learning Hours: 240 **Private Study:** 144

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	12
Practical	84

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS1	Assignment on coaching methods (2,000 words)	30	
Portfolio	AS2	Practical coaching episode (10 minutes) with accompanying written work (1,000 words)	40	
Portfolio	AS3	Practical ongoing assessment of Sport Education model	30	

Aims

This module aims to introduce students, through a variety of theoretical and practical activities, an understanding of leadership issues related to sport.

Learning Outcomes

After completing the module the student should be able to:

- 1 Identify factors contributing to effective leadership in sport.
- 2 Demonstrate effective leadership in a variety of settings and activities.
- 3 Understand how to adapt activities to promote inclusive participation.
- 4 Recognise and apply appropriate leadership styles in delivering practical activities.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Assignment	1		
Practical	1	3	4
Practical	2	4	

Outline Syllabus

Principles of effective leadership in sport:

Planning and organisation

Communication

Leadership styles

Leadership and Coaching

Sport Education Model

Development of Progression

Learning Activities

Practicals in a range of activities

The Sport education model, will be used to develop student competencies

Theoretical lectures on leadership will also be provided.

Notes

This module will use leadership principles introduced in lectures as a basis for the ideas explored within subsequent physical activities. The practical work will be related to leadership principles throughout, thereby developing understanding of the ways in which the materials is presented.