

Liverpool John Moores University

Title: LEARNING THROUGH PHYSICAL EDUCATION
Status: Definitive
Code: **4106EDSTUD** (117329)
Version Start Date: 01-08-2016
Owning School/Faculty: Education
Teaching School/Faculty: Education

| Team | Leader |
|--------------|--------|
| Emma Ball | Y |
| Clara Kassem | |
| Nigel Green | |
| Mark Meadows | |

Academic Level: FHEQ4 **Credit Value:** 24 **Total Delivered Hours:** 51
Total Learning Hours: 240 **Private Study:** 189

Delivery Options

Course typically offered: Standard Year Long

| Component | Contact Hours |
|-----------|---------------|
| Lecture | 24 |
| Practical | 24 |

Grading Basis: 40 %

Assessment Details

| Category | Short Description | Description | Weighting (%) | Exam Duration |
|----------|-------------------|-------------|---------------|---------------|
| Exam | AS2 | | 50 | 3 |
| Essay | AS1 | | 50 | |

Aims

To appreciate how we learn through theory and practice in physical education.

Learning Outcomes

After completing the module the student should be able to:

- 1 Demonstrate how we learn through physical education.
- 2 Apply learning theories to practical teaching and learning strategies through physical education activities.
- 3 Apply teaching and learning strategies through physical education activities.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

| | | |
|--------------|---|---|
| Assignment 2 | 1 | |
| Assignment 1 | 2 | 3 |

Outline Syllabus

Learning through theory and practice in physical education - Psychology (Motor Learning, VAK and Skill Acquisition) learning through and about games (Games activities)

How we learn and related pedagogy in PE.

Learning Activities

Theory lectures

Practical lectures using games activities

Notes

This module is focused on the theory and practice of how young people learn through physical education from a psychological point of view. The module will use a variety of games activities to enable personal development of skills, knowledge and understanding in safe and inclusive learning environments. It will also reflect on how varied pedagogies are used within physical education to bring about desired outcomes and this complements the 'Developing Physical Literacy through Physical Education' module.