

Liverpool John Moores University

Title: UNDERSTANDING THEORIES OF SPORT & PHYSICAL EDUCATION
Status: Definitive
Code: **4106SPODEV** (104352)
Version Start Date: 01-08-2016
Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
Ian Beattie	Y

Academic Level: FHEQ4 **Credit Value:** 24 **Total Delivered Hours:** 48
Total Learning Hours: 240 **Private Study:** 192

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	32
Practical	12
Seminar	4

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	Assignment (3000 word)	50	
Essay	AS2	Poster presentation	50	

Aims

To work towards developing and appreciation of the theoretical principles, policies and practices that underpin sport and physical education.

Learning Outcomes

After completing the module the student should be able to:

- 1 Appreciate how different theoretical perspectives can be utilised to gain knowledge and understanding of sport and PE.
- 2 Examine how different theoretical perspectives explain motives for participation and non participation in sport and PE.
- 3 Recognise the fundamental role that research can play in understanding and developing theories of sport and physical education.
- 4 Analyse the principal functions of sport from a philosophical, psychological, physiological and sociological perspective.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Assignment	1	2	4
poster	1	3	

Outline Syllabus

Examination of a range of theoretical perspectives of sport and physical education
Analysis of how different theoretical perspectives are constructed
Analysis and discussion of motives for participation in sport and physical education
Introduction to the role that research can play in developing knowledge and understanding of sport theory and practice

Learning Activities

This module will be taught in Lectures and in smaller groups and will include , practicals, IT support sessions, Group Work the use of Discussion Boards and Debates.

Notes

This module is intended to develop an understanding and appreciation of the theoretical principles, policies and practices that underpin sport and physical education. By considering the relationship between the application of research evidence to the development of theories it is envisaged that will be better equipped to apply theory into practice.