

Summary Information

Module Code	4110SSLN
Formal Module Title	Society, Health and Behaviour
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 4
Grading Schema	40

Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

Learning Methods

Learning Method Type	Hours
Lecture	20
Workshop	20

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
JAN-MTP	MTP	January	12 Weeks

Aims and Outcomes

Aims	To provide an introduction to behavioural, social, cultural, political, psychological and environmental issues associating to behaviours related to food choices and health preferences and practices.
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Demonstrate knowledge of a range of relevant theories and perspectives
MLO2	2	Discuss how food and health choices, habits and behaviour are mediated through social, cultural, environmental and political interactions and influences

Module Content

Outline Syllabus	Contemporary and social issues, such as social class, gender, poverty, education and health inequality and disadvantage as factors in food and lifestyle choices, beliefs, practices and behaviours. Discuss the sociology of the self, gender and the body and relation to social environment and social identity as factors of influence. Freedom and choice as mediated through social, economic and cultural structures. Consider mass media and marketing, and the effect of symbolism, semiotics, ritual, rites and cultural expression. Examine the politics of food, lifestyle and behaviour alongside psychology of food/lifestyle choices.
Module Overview	This module will provide an introduction to behavioural, social, cultural, political, psychological and environmental issues associated to behaviours related to food choices, health preferences and practices.
Additional Information	This module introduces students to a range of issues that influence food, health and behaviour in context with preferences and practices. Students will thus be able to locate such factors of influence within wider social, cultural and political landscapes. The interdisciplinary nature of the module, (sociology, anthropology, economics, politics etc) demonstrates the varied manner in which topics may be discussed and examined. This will facilitate students' critical and lateral thinking and encourage complimentary modes of analysis.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Essay	Essay	50	0	MLO1, MLO2
Centralised Exam	Exam	50	2	MLO1, MLO2

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Kathryn Curran	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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