

Liverpool John Moores University

Title: Personal Learning and Development
Status: Definitive
Code: **4202SSLN** (122508)
Version Start Date: 01-08-2021

Owning School/Faculty: Business and Management
Teaching School/Faculty: Business and Management

Team	Leader
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Academic Level: FHEQ4 **Credit Value:** 20 **Total Delivered Hours:** 40
Total Learning Hours: 200 **Private Study:** 160

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Seminar	40

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Future Focus e-learning task	AS 1	Self-Awareness Statement (1000 word equivalent)	10	
Portfolio	AS 2	Portfolio (4000 word equivalent)	90	

Aims

This module will help students to develop skills essential for effective learning to degree level, introduce and develop the concepts of graduate skills and develop ideas regarding self-development and personal development planning.

Learning Outcomes

After completing the module the student should be able to:

- 1 Identify and develop the necessary skills to become an effective learner.
- 2 Assess their own development through reflection.
- 3 Identify and reflect upon the following aspects of self-awareness in respect of personal development and career planning: strengths and weaknesses; motivations and values; ability to work with others.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Self-Awareness Statement	3		
Portfolio	1	2	3

Outline Syllabus

Study skills techniques including note taking, active reading, planning for an assignment, revision, exam techniques and information searches.
Planning and using tutorial, individual and group discussions as an aid to learning.
Presenting information in a variety of ways.
Introduction to research techniques and evaluation tools.
Personal development planning.
Develop practical awareness of key subject content.

Learning Activities

This module is taught through personal tutor groups, on a weekly basis, that support the individuals in relation to their own needs and development.

Notes

This module will enable students to examine the ways in which they need to learn and develop both study and research based skills.