

## Liverpool John Moores University

Title: Introduction to Skill Acquisition  
Status: Definitive  
Code: **4303SSLN** (123038)  
Version Start Date: 01-08-2021

Owning School/Faculty: Sports Studies, Leisure and Nutrition  
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

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**Academic Level:** FHEQ4      **Credit Value:** 10      **Total Delivered Hours:** 20  
**Total Learning Hours:** 100      **Private Study:** 80

### Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	10
Practical	5
Seminar	5

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS 1	Essay (2500 words)	100	

### Aims

*This module will introduce students to key concepts related to skill acquisition. It will also illustrate how these concepts can be applied in a range of physical education*

*environments.*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Describe key concepts of skill acquisition
- 2 Apply skill acquisition concepts in a physical education setting

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Essay	1	2
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## **Outline Syllabus**

*Feedback*  
*Contextual interference*  
*Classification of skills*  
*Measuring skills*  
*Motor control theories*  
*Stages of learning*  
*Instruction*  
*Perceptual cognitive skills*

## **Learning Activities**

Study skills techniques including note-taking, active reading, planning for an assignment and information searches  
Online lectures  
Planning and using individual and group discussions as an aid to learning  
Presenting information in practical environments  
Practical coaching of peers and experience in a range of practical activities  
Self-reflection

## **Notes**

This module will introduce students to key concepts related to skill acquisition. It will also illustrate how these concepts can be applied in a range of physical education environments.