

Psychology 1

Module Information

2022.01, Approved

Summary Information

Module Code	4304SSLN
Formal Module Title	Psychology 1
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 4
Grading Schema	40

Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

Learning Methods

Learning Method Type	Hours
Lecture	20
Seminar	20

Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-CTY	CTY	September	12 Weeks

Aims and Outcomes

Aims	This module introduces students to the applied field of sports psychology and its application to physical education. Students will learn psychological principles and theories that they can use to explain behaviour within their domain of physical education.
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After completing the module the student should be able to:

Learning Outcomes

Code	Number	Description
MLO1	1	Illustrate the key principles of psychology and the relationship with Physical Education
MLO2	2	Demonstrate how key theories of motivation link to student engagement in Physical Education.
MLO3	3	Demonstrate knowledge of methods used to evaluate and assess psychological characteristics in a physical education setting.

Module Content

Outline Syllabus	Introduction to psychology and how it applies to physical education Current psychological issues in real world physical education An introduction to theories of motivation An introduction to mental skills
Module Overview	This module introduces you to the applied field of sports psychology and its application to physical education. You will learn psychological principles and theories that you can use to explain behaviour within the domain of physical education.
Additional Information	This module introduces students to the applied field of sports psychology and its application to physical education. Students will learn psychological principles and theories that they can use to explain behaviour within their domain of physical education.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Presentation	Presentation	100	0	MLO1, MLO2, MLO3

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Amy Whitehead	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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