

Liverpool John Moores University

Title: Introduction to Skill Acquisition
Status: Definitive
Code: **4309SSLN** (126166)
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences
Teaching School/Faculty: Sport and Exercise Sciences

Team	Leader
Amy Whitehead	Y

Academic Level: FHEQ4
Credit Value: 20
Total Delivered Hours: 30
Total Learning Hours: 200
Private Study: 170

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	10
Practical	10
Seminar	10

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Essay	AS1	Essay (4500 words)	100	

Aims

This module will introduce students to key concepts related to skill acquisition. It will also illustrate how these concepts can be applied in a range of physical education environments.

Learning Outcomes

After completing the module the student should be able to:

- 1 Describe key concepts of skill acquisition
- 2 Apply skill acquisition concepts in a physical education setting

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Essay	1	2
-------	---	---

Outline Syllabus

Feedback
Contextual interference
Classification of skills
Measuring skills
Motor control theories
Stages of learning
Instruction
Perceptual cognitive skills

Learning Activities

Study skills techniques including note-taking, active reading, planning for an assignment and information searches
Online lectures
Planning and using individual and group discussions as an aid to learning
Presenting information in practical environments
Practical coaching of peers and experience in a range of practical activities
Self-reflection

Notes

This module will introduce students to key concepts related to skill acquisition. It will also illustrate how these concepts can be applied in a range of physical education environments.