

Liverpool John Moores University

Title: Leadership in Outdoor Adventure 1: Mountains & Rivers
Status: Definitive
Code: **4364SSLN** (123310)
Version Start Date: 01-08-2019

Owning School/Faculty: Sports Studies, Leisure and Nutrition
Teaching School/Faculty: Sports Studies, Leisure and Nutrition

Team	Leader
Adam Harmer	Y
David Larkin	
Barry Forrester	
Kaye Richards	
Timothy Stott	

Academic Level: FHEQ4 **Credit Value:** 20 **Total Delivered Hours:** 40

Total Learning Hours: 200 **Private Study:** 160

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Practical	40

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Report	AS 1	Report (2000 words)	40	
Practice	AS 2	Practical (2500 word equivalent)	60	

Aims

This module aims to instil a working knowledge of the key outdoor leadership pathways in Outdoor Education. It sets out to give students the basic theoretical and technical skills and understanding needed to lead parties in the following situations: summer hill walking, rock climbing and paddlesports. Students will also understand

the processes of dynamic risk assessment and recognise issues of group leadership and supervision in a range of outdoor environments.

Learning Outcomes

After completing the module the student should be able to:

- 1 Demonstrate knowledge of the fundamentals of theory and practice in outdoor and adventure leadership including; navigation, emergency procedures, mountain hazards, water hazards, expeditions, access and environmental awareness.
- 2 Demonstrate practical competence and understanding of outdoor leadership techniques in a range of paddlesports, mountain walking and climbing activities.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Report	1	2
Practical	1	2

Outline Syllabus

A practical module of outdoor leadership conducted via field work, providing a mix of theory and practical, with the emphasis on opportunities to develop and apply knowledge and skill during a variety of applied technical training sessions. The module broadly ties into the leadership progressions of the British Canoe Union and Mountain Training UK, this module will help prepare students who wish to follow National Governing Body (NGB) pathways. For example, Hill and Moorland / Mountain Leadership, Paddlesport 2 BCU tests, MT CWA and SPA training This will involve a maximum of six days in mountain areas learning the elements of navigation and supervision and leading of parties on steep terrain and on camping expeditions. It will also include development of rock climbing skills with an introduction to organising and supervising rock climbing groups on single pitch crags or the development of canoeing skills and training for supervising and teaching kayaking to groups on inland flat-water sites. This module is supported through the acquisition of skills in the module Practical Skills in Outdoor Adventure.*

Learning Activities

1. Directed leadership coaching and practical workshops.
2. Practice of leadership activities in a supervised and monitored environment.
3. Preparation and presentation via collaboration with other students to prepare and present material to groups; in which leadership is demonstrated via:
 - (a) teaching and/or leading a set activity or scenario
 - (b) make assessments of best practice in leadership
 - (c) prepare practical action plans towards continuous personal development
4. Written reports in which students show their understanding of practical learning

and demonstrate an ability to relate practice to underlying principles.
5. These activities will provide opportunities to develop a range of 'World of Work' skills.

Notes

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