# **Liverpool** John Moores University

Title: Professional Practices in Outdoor Adventure 1

Status: Definitive

Code: **4366SSLN** (123312)

Version Start Date: 01-08-2019

Owning School/Faculty: Sports Studies, Leisure and Nutrition Sports Studies, Leisure and Nutrition

Team	Leader
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Academic Credit Total

Level: FHEQ4 Value: 20 Delivered 40

**Hours:** 

Total Private

Learning 200 Study: 160

**Hours:** 

**Delivery Options** 

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	20
Practical	20

**Grading Basis:** 40 %

#### **Assessment Details**

Category	Short	Description	Weighting	Exam
	Description		(%)	Duration
Portfolio	AS 1	Portfolio (2500 word equivalent)	60	
Presentation	AS 2	Presentation (10 mins)	30	
Self Awareness Statement	AS 3	Self-Awareness Statement (1000 word equivalent)	10	

# Aims

To enable students to develop the skills necessary to operate professionally in a number of outdoor environments and pursuits. The module also addresses the personal attributes, skills and knowledge of Professional Practice to operate in the outdoors in a safe, ethical, legal and professional manner.

### **Learning Outcomes**

After completing the module the student should be able to:

- Demonstrate knowledge of the practice and organisation necessary for selected outdoor activities in a range of environments.
- 2 Develop knowledge of professional issues in Outdoor Education practice.
- Identify and reflect upon the following aspects of self-awareness in respect of personal development and career planning: strengths and weaknesses, motivations and values, ability to work with others.

### **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Portfolio	1	2	3
Presentation	1	2	3
Self-Awareness Statement	3		

### **Outline Syllabus**

A practical module of introductory alternative outdoor activities conducted via field work and supported by key theoretical lectures in professional practice.

Lecture Structure: Study skills – ICT; Risk assessments, child protection, anti-discriminatory practice, legal frameworks, codes of practice, language of the professionals, leadership responsibilities, linking theory to practice.

### **Learning Activities**

- 1) Directed practice and tasks. Using a range of ICT equipment in developing skills.
- 2) Lectures on professional practice in outdoor education
- 3) Practical workshops; seminars, prescribed reading and group discussions. Written reports and reflective activities.
- 4) Developing practical and theoretical knowledge in alternative outdoor activities requiring students to solve skill-based problems in a supervised and monitored environment.
- 5) Reflection and recording of the practical activities linking into; individual goal setting, independent practice and skill development.

#### **Notes**

A practical module of Outdoor Adventure conducted off-site via field work and supported by key theoretical lectures. It supports modules in Outdoor Adventure Leadership (1), Outdoor Adventure Leadership (2), Practical Skills in Adventure (2).