

Summary Information

Module Code	4401SPS
Formal Module Title	Professional Practice in Sport Coaching 1
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 4
Grading Schema	40

Module Contacts

Module Leader

Contact Name	Applies to all offerings	Offerings
Victoria Boyd	Yes	N/A

Module Team Member

Contact Name	Applies to all offerings	Offerings
Nicola Robinson	Yes	N/A
Danny Cullinane	Yes	N/A
Gus Ryrie	Yes	N/A

Partner Module Team

Contact Name	Applies to all offerings	Offerings
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Teaching Responsibility

LJMU Schools involved in Delivery
Sport and Exercise Sciences

Learning Methods

Learning Method Type	Hours
Lecture	6
Practical	40
Workshop	14

Module Offering(s)

Offering Code	Location	Start Month	Duration
SEP-CTY	CTY	September	12 Weeks

Aims and Outcomes

Aims	The aim of the module is to provide a platform for students to develop their professional practice through the consideration of professional and personal skills. The module will provide opportunities to learn about reflective practice and aid self-reflection to increase self-awareness and professional skill development. The module will also provide an opportunity for students to consider foundations of Sport Coaching and develop their Sport Coaching practice.
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Learning Outcomes

After completing the module the student should be able to:

Code	Description
MLO1	Reflect upon personal and professional development
MLO2	Develop sport coaching practice and delivery
MLO3	Examine sport coaching as a vocation

Module Content

Outline Syllabus
Self-Awareness and personal development: Reflective Practice; Inter and Intra- personal skill and knowledge development. Professional development (Sport Coaching) and Employability skills: Role of the Coach; Plan, Do, Review; Safeguarding; Models of Coaching; Practical coaching skill development; Training and education opportunities for Professional Development.

Module Overview

Additional Information

CIMSPA mapped.

Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Learning Outcome Mapping
Practice	Practical Sport Coaching	50	0	MLO1, MLO2
Portfolio	Individual tasks	50	0	MLO3, MLO1