

## Liverpool John Moores University

Title: Practical Delivery of Sport  
Status: Definitive  
Code: **4405SSLN** (123020)  
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences  
Teaching School/Faculty: Sport and Exercise Sciences

Team	Leader
Danny Cullinane	Y
Milly Blundell	
Cath Walker	

**Academic Level:** FHEQ4      **Credit Value:** 20      **Total Delivered Hours:** 40  
**Total Learning Hours:** 200      **Private Study:** 160

### Delivery Options

Course typically offered: Semester 1

Component	Contact Hours
Lecture	7
Practical	32
Tutorial	1

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS1	Portfolio (2500 word)	50	
Practice	AS2	Practice (20 minutes equivalent)	50	

### Aims

*This module will enable students to develop an understanding of safe and effective sports coaching and PE pedagogy and apply this in their own practice.*

## **Learning Outcomes**

After completing the module the student should be able to:

- 1 Identify, describe and explain the components that make up a safe and effective sports session
- 2 Demonstrate safe and effective delivery of sports or physical activity sessions.

## **Learning Outcomes of Assessments**

The assessment item list is assessed via the learning outcomes listed:

Coaching Manual	1
Practice	2

## **Outline Syllabus**

*Sport pedagogy*  
*Practical activities*  
*Motor Learning*  
*Skill/technique acquisition*  
*Safe practice in sports and coaching contexts*

## **Learning Activities**

Students will be given a theoretical overview of sports pedagogy before starting on practical delivery. Much of the learning will be applied in practical sessions. Students will be required to both lead and formatively evaluate peers in these practical sessions.

## **Notes**

This is a practical based module.