

Liverpool John Moores University

Title: Sport Coaching Pedagogy 1
Status: Definitive
Code: **4461SSLN** (122993)
Version Start Date: 01-08-2021

Owning School/Faculty: Sport and Exercise Sciences
Teaching School/Faculty: Sport and Exercise Sciences

Team	Leader
Colum Cronin	Y
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Academic Level: FHEQ4 **Credit Value:** 20 **Total Delivered Hours:** 40
Total Learning Hours: 200 **Private Study:** 160

Delivery Options

Course typically offered: Semester 2

Component	Contact Hours
Lecture	10
Practical	20
Seminar	10

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS 1	Portfolio (4500 word equivalent)	100	

Aims

This module will enable individuals to consider and appreciate how sport and physical activity can provide a positive learning environment for the development of a wide range of skills and attributes. These include movement, sport specific skills, leadership and teamwork. This module will allow for reflection on how pedagogy can impact on the physical, affective, cognitive, and social development of individuals.

Learning Outcomes

After completing the module the student should be able to:

- 1 Apply learning theory to varied sport environments.
- 2 Apply safe practice conventions to practical activities.
- 3 Examine skill acquisition practice in a coaching environment.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Portfolio	1	2	3
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Outline Syllabus

Theories of learning e.g. behaviourist, cognitivist, constructivist perspectives
Pedagogical approaches e.g. Mosston's Spectrum
Planning, delivery, and evaluation of safe practical activities e.g. games, athletics, gymnastics
Safety in practical coaching environments
Skill Acquisition concepts such as:
Feedback
Practice strategies
Classification of skills

Learning Activities

Study skills techniques including note-taking, active reading, planning for an assignment and information searches
Online lectures
Planning and using individual and group discussions as an aid to learning
Presenting information in practical environments
Practical coaching of peers and experience in a range of practical activities
Self-reflection

Notes

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