

# **Coaching Process 1**

## **Module Information**

2022.01, Approved

## **Summary Information**

Module Code	4462SSLN
Formal Module Title	Coaching Process 1
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 4
Grading Schema	40

#### Teaching Responsibility

LJMU Schools in	nvolved in Delivery	
Sport and Exer	rcise Sciences	

## **Learning Methods**

Learning Method Type	Hours
Lecture	15
Practical	10
Seminar	15

## Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
JAN-CTY	СТҮ	January	12 Weeks

### **Aims and Outcomes**

	Aims	This module will enable individuals to consider and appreciate the complexity of the coaching process. The module will help individuals consider and develop their coaching philosophy and practice.
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#### After completing the module the student should be able to:

#### Learning Outcomes

Code	Number	Description
MLO1	1	Describe a personal coaching philosophy
MLO2	2	Examine personal coaching behaviours
MLO3	3	Discuss contextual influences upon the coaching process

## **Module Content**

Outline Syllabus	Coaching PhilosophyCoaching BehaviourCoaching Reflection Observation of coachingCoaching Contexts e.g. DMSP/ICCEPractical Coaching Delivery
Module Overview	This module will enable you to consider and appreciate the complexity of the coaching process. The module will help you consider and develop their coaching philosophy and practice.
Additional Information	This module will enable individuals to consider and appreciate the complexity of the coaching process. The module will help individuals consider and develop their coaching philosophy and practice.

### Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Report	Report	100	0	MLO1, MLO2, MLO3

### **Module Contacts**

#### Module Leader

Contact Name	Applies to all offerings	Offerings
Gus Ryrie	Yes	N/A

#### Partner Module Team

Contact Name	Applies to all offerings	Offerings
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