

### Module Information

2022.01, Approved

#### Summary Information

Module Code	4500SSLNEF
Formal Module Title	Sports Coaching and Leadership
Owning School	Sport and Exercise Sciences
Career	Undergraduate
Credits	20
Academic level	FHEQ Level 4
Grading Schema	40

#### Teaching Responsibility

LJMU Schools involved in Delivery
LJMU Partner Taught

#### Partner Teaching Institution

Institution Name
Everton Football College

#### Learning Methods

Learning Method Type	Hours
Lecture	12
Practical	27
Tutorial	1

#### Module Offering(s)

Display Name	Location	Start Month	Duration Number Duration Unit
SEP-PAR	PAR	September	28 Weeks

## Aims and Outcomes

Aims	This module aims to provide an introduction into the theories and practice of sports coaching, highlighting key concepts underpinning good coaching practice. In addition, the practical element of this module offers the opportunity to apply theory and practice of sports coaching, to your own coaching and thus develop coaching practice.
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**After completing the module the student should be able to:**

### Learning Outcomes

Code	Number	Description
MLO1	1	Define the different roles, responsibilities, styles and techniques used in sport coaching and leadership
MLO2	2	Plan a range of coaching activities to achieve a single outcome
MLO3	3	Safely plan, implement and effectively lead a practical coaching session in a safe and effective manner
MLO4	4	Reflect on the observations of peers and tutors within the coaching session

## Module Content

Outline Syllabus	To provide students with an introduction to the pedagogical aspects of sports coaching practice. To develop students' understanding of a variety of learning theories that are potentially productive approaches for developing the skills, knowledge, and understanding of athletes. To allow students to develop their practical coaching skills and techniques and encourage achievement of National Governing Body qualifications. To offer students the opportunity to apply theory and practice of sports coaching to their own coaching practice.
Module Overview	This module provides an introduction into the theories and practice of sports coaching, highlighting key concepts underpinning good coaching practice. In addition, the practical element of the module offers you the opportunity to apply theory and practice of sports coaching to your own coaching and thus develop coaching practice.
Additional Information	Students are expected to reflect and build upon their existing coaching practice by utilizing the knowledge gained in lectures and apply it to practical coaching sessions in order to develop as a coach. Students will be assessed through individual reports practical delivery and presentation.

## Assessments

Assignment Category	Assessment Name	Weight	Exam/Test Length (hours)	Module Learning Outcome Mapping
Report	Report	40	0	MLO1
Report	Practice	40	0	MLO2, MLO3
Report	Presentation	20	0	MLO4

## Module Contacts

**Module Leader**

Contact Name	Applies to all offerings	Offerings
Cath Walker	Yes	N/A

**Partner Module Team**

Contact Name	Applies to all offerings	Offerings
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