

Liverpool John Moores University

Title: PERSONAL AND ACADEMIC DEVELOPMENT
Status: Definitive
Code: **4500YCBAP** (116708)
Version Start Date: 01-08-2014

Owning School/Faculty: Nursing and Allied Health
Teaching School/Faculty: St Helens College

Team	Leader
Kat Cartmell	Y

Academic Level: FHEQ4 **Credit Value:** 12.00 **Total Delivered Hours:** 38.00
Total Learning Hours: 120 **Private Study:** 82

Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	24.000
Seminar	5.000
Tutorial	4.000
Workshop	5.000

Grading Basis: 40 %

Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	Portfolio	Coursework - Portfolio of evidence	100.0	

Aims

This module will develop the students' understanding and skills to enable effective participation in learning in Higher Education. It will encourage the student to engage in a process of life-long learning.

Learning Outcomes

After completing the module the student should be able to:

- 1 Demonstrate knowledge and application of learning theories, styles and methods.
- 2 Develop skills in reading, note taking, application of number, thinking critically and producing written work.
- 3 Access and retrieve material to produce written and verbal reports.
- 4 Develop knowledge and skills in verbal and written communication in a variety of settings.
- 5 Identify learning needs and potential areas for personal and professional growth to undertake a professional development plan.

Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Portfolio of Evidenc 1 2 3 4 5

Outline Syllabus

Learning theories, styles and methods. Use of IT. Numeracy. Study skills, reading critically, note taking, searching the literature, producing written work. Presentation skills. Communication skills. Referencing. Writing reports. Personal development plans. Reflection, models of reflection.

Learning Activities

Lectures, group and individual tutorials, group work, presentations, workshops, distance learning material, formative assessment.

References

Course Material	Book
Author	Bolton,G
Publishing Year	2005
Title	Reflective practice:writing and professional development
Subtitle	
Edition	
Publisher	Sage: London
ISBN	

Course Material	Book
Author	Burns, T & Sinfield, S

Publishing Year	2003
Title	Essential Study Skills
Subtitle	The complete guide to success at University
Edition	1st
Publisher	Sage: London
ISBN	

Course Material	Book
Author	Cottrell, S
Publishing Year	2003
Title	Skills for success
Subtitle	The Personal Development Handbook
Edition	1st
Publisher	Palgrave: Basingstoke
ISBN	

Course Material	Book
Author	Cottrell, S
Publishing Year	2004
Title	Study Skills Handbook
Subtitle	
Edition	3rd
Publisher	Palgrave: Basingstoke
ISBN	

Notes

The module provides the student new to Higher Education with an opportunity to reflect upon and develop their personal and academic skills. Tutorials, both group and individual are an important part of this module. The student will also be expected to develop as an independent and self-directed learner.