

## Liverpool John Moores University

Title: Personal Progression and Development  
Status: Definitive  
Code: **4501EYSTH** (123472)  
Version Start Date: 01-08-2021

Owning School/Faculty: Education  
Teaching School/Faculty: St Helens College

Team	Leader
Mia Smith	

**Academic Level:** FHEQ4      **Credit Value:** 20      **Total Delivered Hours:** 40  
**Total Learning Hours:** 200      **Private Study:** 160

### Delivery Options

Course typically offered: Standard Year Long

Component	Contact Hours
Lecture	5
Seminar	20
Tutorial	1
Workshop	14

**Grading Basis:** 40 %

### Assessment Details

Category	Short Description	Description	Weighting (%)	Exam Duration
Portfolio	AS1	Personal Development Portfolio (4,500 words or equivalent)	100	

### Aims

*To facilitate the participation of students in personal and professional reflection aimed at setting, planning and developing personal, academic and professional goals.*

## Learning Outcomes

After completing the module the student should be able to:

- 1 Explore the wide range of learning opportunities available to support own academic development, and reflect on how these have been effectively used
- 2 Reflect on developing skills in reading, note taking and thinking critically when producing written work
- 3 Discuss teamwork skills and evaluate team processes

## Learning Outcomes of Assessments

The assessment item list is assessed via the learning outcomes listed:

Portfolio	1	2	3
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## Outline Syllabus

*Study skills: critical reading, note taking, searching the literature using electronic and other means, use of ICT and Virtual Learning Environments to enhance students' learning and academic skills, effective writing skills, citing and referencing sources of information, producing spread sheets, using data bases, word processing, storing and retrieving information, assignment structuring and presentation, avoiding academic impropriety, reflecting on module learning in relation to application to practice, presentation skills, Bloom's taxonomy.*

*Personal and professional skills: team working and team process, reflective practice, goal setting, Berne's Transactional Analysis, assertiveness, encouraging autonomy, metacognition and constructing own meaning from learning.*

## Learning Activities

This module forms the basis of personal development planning at Level four enabling the student to develop personal and academic skills that are applied to their own professional practice. This will be facilitated by group work, lectures, directed study, student presentation, work based learning and reflection and ICT workshops.

## Notes

This module provides the student new to higher education with an opportunity to reflect upon and develop their personal, academic and professional skills. The module will include diagnostic tools such as learning styles questionnaire, ICT skills audit and skill development, action planning related to assignment feedback, practice reports from mentors and reflective statements related to module learning. Students will receive assessed feedback from their mentor regarding practice. The module provides a firm foundation upon which the Year 2 Reflection in the Early Years module will build.

